



PAINE AQUATIC center



swim today, live tomorrow

MEMBERSHIP BOOKLET



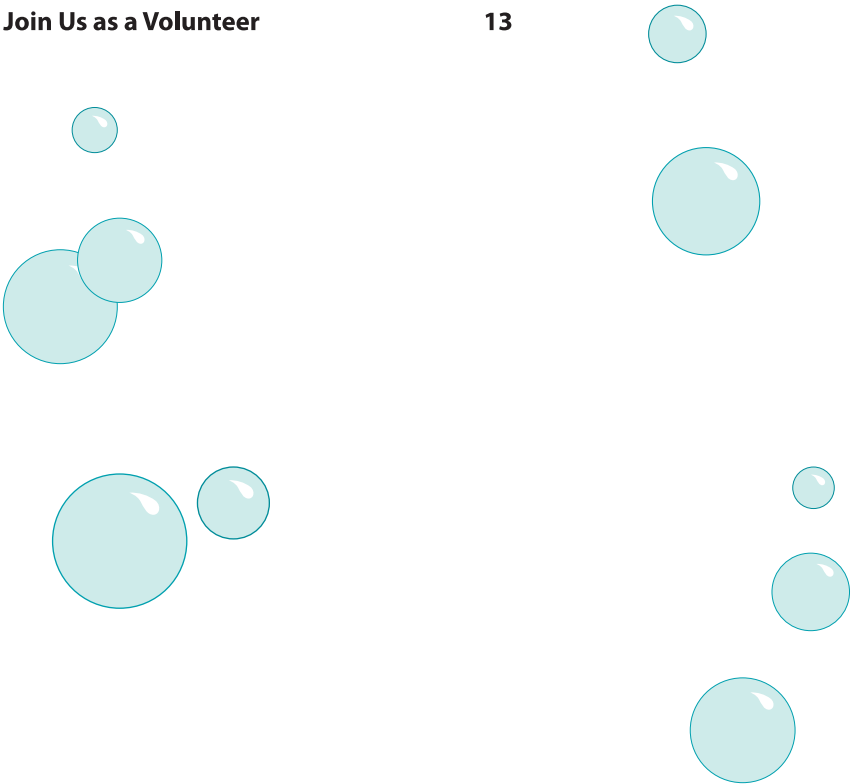
Manistee High School Office
525 Twelfth Street
723-1522
swimmanistee.org

August 2018



Table of Contents

Welcome	2
History	3
Frequently Asked Questions	4
Who May Be Using the Pool	6
Pool & Guest Rules and Policies	7
Sample Forms	
Event/Party Rental Form	11
Event/Party Rental Check-In Form	12
Join Us as a Volunteer	13



WELCOME
to the

PAINE AQUATIC center

swim today, live tomorrow

Congratulations for investing in a healthy future by becoming a member and joining the activities at the Paine Aquatic Center (PAC). This manual is designed to offer you important information regarding the operations of the PAC facility. If you have questions about any activities at the pool, please contact a lifeguard on duty, the volunteer at the front desk, call the Manistee High School office during regular working hours at 231-723-1522, Monday - Friday between 8:30am - 3:00pm or go to swimmanistee.org.

THANK YOU!

Corey Van Fleet Perpetual Swimming Fund

The Corey Van Fleet Perpetual Swimming Fund is an endowment fund established at the Manistee County Community Foundation (MCCF), which will be used to “provide a world class facility and an outstanding swimming culture for generations to come”. If members or non-members are interested in donating to this fund or for more information, they can contact the MCCF at 723-7269 or laura@manisteefoundation.org.

Swim Today, Live Tomorrow
swimmanistee.org

History of the Paine Aquatic Center

The Paine Aquatic Center (PAC) opened in June 2009. It was constructed and gifted by the Bill and Martha Paine family, to the Manistee Area Public Schools for use as a countywide community pool. The facility is compliant with all ADA (American Disability Act) requirements and is operated by MAPS as a county-wide facility. It is the first LEEDS (Leadership in Energy & Environmental Design) certified building in Manistee County.

The Paine Aquatic Center is a multi-use, community pool facility for guests of all ages. It features a 4,600 sq. ft., eight-lane pool for instructional, competitive and recreational programs along with a 1,000 sq. ft. warm-water pool for therapy, rehabilitation and instructional programs. The entire facility is handicap accessible with a portable lift chair available for either pool.

The Paine Aquatic Center offers men's and women's locker rooms as well as three separate family changing areas with lockers, a common area for pool viewing and stadium seating for up to 450 spectators. The facility is climate controlled with heating and air conditioning throughout.

The Paine Aquatic Center, along with its community partners, promotes community recreation, personal instruction, competition, rehabilitation and healthy living by offering an array of public activities throughout the year.

Financial Partners include:

**Manistee Area Public Schools
Munson Healthcare Manistee Hospital
City of Manistee
Charter Township of Filer**

Community Partners include:

**Manistee County community members
Manistee Recreation Association
Manistee High School Swim Teams, P. E. classes & athletic teams
Manistee County Summer Swim Team
Manistee Intermediate School District
Face-to-Face Home Schoolers
Association of Retarded Citizens (ARC)
U. S. Coast Guard
Community Rentals
Manistee County Community Foundation
Dynamic Physical Therapy
Green Acres
Boy Scouts
USA Swimming
American Red Cross
Manistee County Elementary Schools**

Frequently Asked Questions (FAQ's)

General Pool Information - Facility Opened June 2009

Membership Rates*:

Day Pass**	\$6.00
Individual Quarterly	\$50.00
Family Quarterly	\$180.00
Individual Annual	\$180.00
Family Annual	\$720.00

**City of Manistee and Filer Township residents receive a 50% discount on day passes and membership fees.*

***Day passes are good for the entire day.*

Memberships can be purchased at the Manistee High School office during regular working hours. Event/Party Rentals also available. Please call 231-723-1522, Monday - Friday between 8:30am - 3:00pm.

Manistee Recreation Association class enrollment is through the MRA (723-9274). Munson Healthcare Manistee Hospital pool therapy patients and Munson Healthcare Manistee Hospital Health Connection enrollment is arranged through the Hospital's Health Connection Fitness Center (398-1520).

Large Pool

OPEN SWIM: Mon – Fri 7:30am – 8:00pm
Sat 7:30am – 4:00pm
Sun 1:00pm – 5:00pm
Closed 3:00pm - 6:30pm (Swim Team practice)

Depth range: from 4 to 12.6 feet

Size: 25 yard x 20 yard, 8 lane competitive pool (18 lengths = 1/4mile)

Diving boards with water sprays

Capacity: 278

On-deck bathroom, locker room with shower & drinking fountain

Water temperature: low 80's

Viewing Bleachers- seating for up to 450 spectators

Kick boards and fins available

One or more lanes are kept open for the public except during swim team practice.

Check for the most up-to-date schedule on swimmanistee.org

Small Pool (Therapy Pool)

OPEN SWIM: Tues & Thurs 7:30am -11:00am & 1:00pm – 6:00pm
Sat 7:30am – noon & 2:00pm – 4:00pm
Sun 1:00pm – 5:00pm

Depth range: from 3.5 to 6 feet

Water temperature: low 90's

Capacity: 96

The Small Pool (Therapy Pool) is closed to the public when being used for physical therapy, Health Connection Aerobic classes or other instructional classes. For more information please go to swimmanistee.org.

Senior Adult Swim

The therapy pool is limited to those age 50+ during the following hours:
Tues & Thurs 11:00am – 1:00pm & 6:00pm – 8:00pm
Sat 12:20pm - 2:30pm

Aqua Aerobics

Group resistance exercise in the water.
Sponsored by Munson Healthcare Manistee Hospital Health Connection.
Register by calling 231-398-0222.

Locker Rooms & Family Bathrooms

- Spacious men’s & women’s locker rooms.
- Three individual changing rooms for physical therapy patients, families and handicapped guests are located behind the welcome desk near the small pool, and are available on a first-come, first-served basis.
- Locks, soap and towels are not provided. Guests must bring their own.
- No overnight locks
- Paine Aquatic Center assumes no liability for lost or stolen items.

Commons

- Available for viewing classes & swim meets
- Bathrooms, drinking fountain and handicapped access to bleachers
- Tables and chairs available for events/parties

MAPS Closure Due to Weather

Pool will open on severe weather days at 9:30am unless otherwise posted on the website.

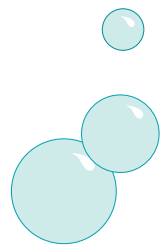
Lifeguard

- The PAC is monitored by a certified lifeguard.
- Children 10 and under must be accompanied by an adult.

Holidays

The PAC is closed the following holidays:

New Years Eve	CLOSED @ 3:30pm
New Years Day	CLOSED
Easter	CLOSED
Memorial Day	CLOSED
4th of July	CLOSED
Labor Day	CLOSED
Thanksgiving	CLOSED
Christmas Eve	CLOSED @ 3:30pm
Christmas Day	CLOSED



Who May be Using the Pool

Large Pool

Day pass purchasers

Members

Manistee Jr. & Sr. High School: swimming classes

Swim & dive teams: August - March

Manistee summer swim & dive team: May - July

Manistee Recreation Association (MRA): swimming classes, exercise classes and lifeguard certification classes

Face-to-Face Home School Academy

Manistee County elementary schools swimming lessons

Intermediate School District (ISD) Swimming for students

US Coastguard - Fitness and Search & Rescue practice

Event/Party Rentals

One or more lanes are open to the public except during swim team practice.

Check for the most up-to-date schedule on swimmanistee.org

Small Pool (Therapy Pool)

Day pass purchasers

Members

Munson Healthcare Manistee Hospital physical therapy sessions:

The therapy pool is closed to the public during therapy sessions Monday, Wednesday and Friday 8 am to 7 pm.

Munson Healthcare Manistee Hospital Health Connection:

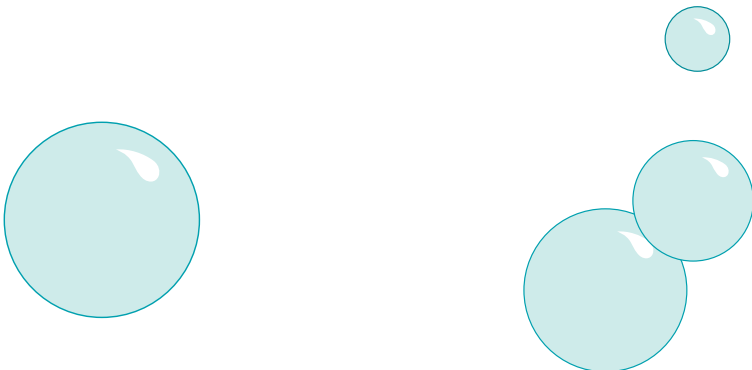
Tues & Thurs morning and early evening aerobic classes

Manistee Recreation Association (MRA):

The therapy pool is closed to the public when there is an MRA Saturday morning tot swim or Tuesday and Thursday evening kid swim.

Senior Adult Swim (times are listed in the FAQ section)

Green Acres Assisted Living



Pool & Guest Rules and Policies

Pool Rules

- SHOWER BEFORE SWIMMING
- NO GLASS OBJECTS
- NO RUNNING
- NO HORSEPLAY
- NO FOOD, DRINKS OR GUM

Check-In Rules (member & non-member guest)

- All swimmers must sign in at the welcome desk before entering the pool.
- Non-members must pay for admission before swimming.
These rules help us to protect your safety and ensure responsible individuals are using the Paine Aquatic Center.

Guest Rules

- Smoking and smokeless tobacco is prohibited in and around the PAC facility.
- Food and beverages are not allowed on the pool deck or in locker rooms.
- Possession of illegal drugs or alcoholic beverages is prohibited in and around the PAC facility.
- Foul and abusive language is not tolerated.
- Guests may not display actions that the PAC staff deem unsportsman-like or rude.
- Misuse of, moving, or altering any portion of PAC property is prohibited.

Sanitary Rules

- A cleansing shower should be taken before entering the pools and before returning to the pools after the use of the restroom in any way.
- Children three years of age and under must wear swim diapers. All other diapers are prohibited in both PAC pools.
- Persons with infectious diseases are prohibited from using the facility.
- Persons with bandages, blisters, cuts, rashes, stitches, and/or communicable diseases are prohibited from using all PAC pools.
- No one with an open wound will be allowed in the swimming pools.
- All accidents, however minor, must be reported to the lifeguard on duty.
- Food and drink are only allowed in the lobby area.
- Smoking is prohibited in and around the PAC facility.
- Glass containers are prohibited.
- The use of all PAC pools while under the influence of alcohol or impairing drugs is prohibited.

Activity Rules

- Observe all posted rules.
- Diving in shallow areas is prohibited.
- Non-swimming children or children five years of age and under must be accompanied in the water by a parent, guardian, or chaperone at all times, with the exception of classes.
- Chaperones must be at least 16 years of age.
- Children under 10 years of age must be supervised at all times by a parent, guardian, or chaperone (on the pool deck or in the pool), with the exception of classes.
- Swimsuits must be worn. Swimming in street clothing is prohibited.
- Keep steps and ladders clear for use.

Equipment Rules

- Flippers, pull buoys, noodles and kick boards are available for guest use. These items are located in the center storage room. Return neatly to the storage area after use.
- Equipment provided is available for guest use and enjoyment. Please use with caution and at your own risk.
- Wearing an approved life jacket does not modify age restrictions and/or supervision rules that may apply.

Guest Policies (General)

- Events/parties may be booked by calling the Manistee High School office during regular working hours at 231-723-1522, Mon - Fri between 8:30am - 3pm.
- The Paine Aquatic Center (PAC) does not tolerate harassment. The term "harassment" includes but is not limited to, slurs, jokes and other verbal, graphic, or physical contact relating to an individual's race, color, sex, religion, national origin, citizenship, age, or handicap. "Harassment" also includes soliciting of sexual favors, unwelcome or offensive touching, and other verbal, graphic, or physical conduct of a sexual nature.
- Abuse and/or misuse of PAC property and equipment is unacceptable. Violators will be held financially responsible for damages and losses. Violators will be asked to leave the premises and action may result in entry privileges being suspended or revoked.
- Guests are responsible for bringing their own lock when using the lockers.
- Lockers are for day use only. Lockers which are not cleared at the end of the day will have the lock cut off and all items will be removed and bagged for pick up. There will be a two-week holding period at which time all items found will be donated.
- Guests are fully responsible for personal items that are lost, stolen or damaged at the PAC. Books, bags, coats, and personal items should be kept in a locker and are not allowed in activity areas.

Guest Policies (General) continued...

- No child over the age of five may be brought in the locker room of the opposite sex. PAC has provided three unisex family bathrooms near the reception desk for your convenience.
- All pool users must register at the reception desk before using any part of the facility.
- An emergency phone is located on the pool deck. All other phones are for PAC staff only.

Weather Policy

In the event that severe weather approaches the area, the PAC staff will closely monitor local radar and weather reports. If necessary, the pools will be closed and guests will be asked to exit the water.

The PAC staff cannot predict whether the pools will be closed when severe weather is predicted, nor can they predict when the pools will reopen after a severe weather closure.

Decisions will be made on a case by case basis by PAC staff, ensuring that guest safety is priority. For updated information go to swimmanistee.org.

The Pool will open at 9:30 on snow days unless posted otherwise on the Pool Web site.

PAC Emergency Procedures

Every effort will be made to keep all of our guests safe during any emergency, whether it is medical, weather or facility related.

The lifeguard has the authority to evacuate the pool during any situation deemed necessary.

Example: If there were an evacuation due to a tornado all men, women, children and volunteers would move to the Men's locker room and remain there until the all-clear is given.

When there is a school lockdown drill or fire drill, pool users do not need to evacuate or take shelter unless the lifeguard says to.

Please share all emergency procedures with all of your family members.



Sex Offender Policy

In the interest of maintaining an environment that is safe for members, employees, and visitors, the Paine Aquatic Center prohibits access to its facility to Registered Sex Offenders. Any individual known to be listed on any state or national Sex Offender Registry shall be denied access to the Paine Aquatic Center.

Event/Party Rental Policies

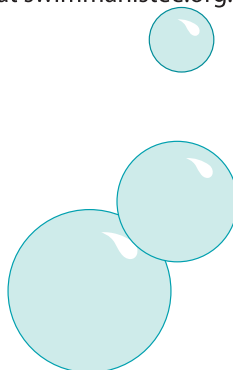
- Pool rental is available for events/parties scheduled in three hour blocks.
- Completed rental form and waiver agreement must be returned to the Manistee High School office along with payment in full five days prior to event/party.
- A party must provide one chaperone for every six children.
- Both male and female chaperones are needed for locker room supervision.
- Chaperones should be in swimsuits and in the water with the children.
- Use of the Commons area is available for food/snacks. It is the responsibility of the party to set up and clean up the area within the designated three hour block. Cleaning supplies and a vacuum are available.
- Inadequate cleaning may result in additional fees.
- If invited guests choose to arrive before or stay after the designated event/party time, they will be expected to pay a daily guest fee at the volunteer desk.

ALL guests and visitors shall abide by the rules and policy regulations of the Paine Aquatic Center.

Lifeguards on duty reserve the right to deny swimming privileges to anyone who breaks pool rules or is continually misbehaving.

Contact the Manistee High School office, Mon - Fri between 8:30am – 3:00pm to make an event/party reservation.

Event/Party Rental Forms can be downloaded at swimmanistee.org.





Event/Party Rental Agreement

Date of Event/Party: _____ Time: (three hour maximum) _____

Adult in charge: _____
Last First

Address: _____
City State Zip

Phone: _____ Cell: _____

Will you be using the pool commons for your event/party? Yes ☐ No ☐

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 - Chaperones should be in swimsuits and in the water with the children.
 - Use of the commons is available for food/snacks. It is the responsibility of the party to set up and clean up the area within the designated three-hour block. *Cleaning supplies and a vacuum are available.*
 - Inadequate cleaning may result in additional fees.
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- Contact the Manistee High School office, Mon - Fri between 8:30am – 3:00pm to make an event/party reservation.
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Rental Cost

\$40	1-10 swimmers
\$60	11 -20 swimmers
\$75	21 or more swimmers

Please check in with the head lifeguard on duty upon arrival.

Signature of Adult in Charge: _____

Date: _____

Please make check payable to: Paine Aquatic Center
Payment must be received before the party.

Amount paid: \$ _____ Today's date: _____ Expires: _____ Cash _____ Check # _____

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Revised 1/2017



Name of person in charge: _____ Date of Event/Party: _____

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Join Us as a Volunteer

The Paine Aquatic Center relies on a large team of volunteers to serve the Manistee County community.

The desk volunteer is the first person a guest meets when entering the facility. It is their responsibility to represent all of the best qualities of the Paine Aquatic Center and its programs. This includes dressing appropriately, keeping the desk and work area tidy as well as having a working knowledge of the facility and its programs.

Specific tasks include: greeting all guests (whether they are there for physical therapy, swimming or other purposes), registering swimming guests utilizing the iPad "Check-In" form, collecting swim fees and leading new guests or members on tours of the facility.

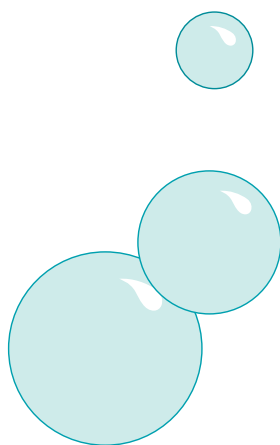
Commitment

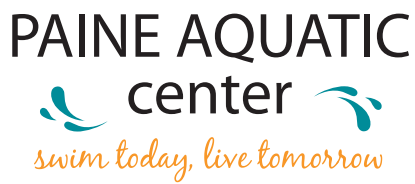
Yearly: A minimum of two hrs. per week throughout the year is expected. This is with the understanding that there will be times/vacations etc., which you will not be volunteering. You will be responsible to find your own substitute. Yearly volunteers qualify for a free individual swim pass.

Seasonal: Seasonal volunteers indicate the season they will be able to volunteer a minimum of two hours per week. For instance, May – December or just summer. Seasonal volunteers qualify for a free individual swim pass during the periods they volunteer.

Fairness Policy: If you miss eight hours of volunteer time within a one month period your individual swim pass will be revoked, except as noted above.

Volunteer applications are available at the Manistee High School office, pool welcome desk or online at swimmanistee.org.





swimmanistee.org