

# APRIL | 2019

## JEFFERSON LUNCH



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Popcorn Chicken Potato Rounds Dinner Roll Green Beans Diced Pears Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>2</b> Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>3</b> French Toast Sausage Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>4</b> Chicken N Noodles WG Biscuit Steamed Carrots Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>5</b> Big Daddy's Cheese Pizza Celery/Broccoli Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>8</b> Chicken Strips Baked Fries Dinner Roll California Blend Vegetables Applesauce Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>9</b> Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Apple Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>10</b> Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Sliced Pears Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>11</b> Chicken Gravy w/ Mashed Potatoes WG Biscuit Corn Mixed Fruit Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>12</b> Garlic Cheese Bread Carrots/Celery Sticks Assorted Fresh Fruit Vanilla Pudding Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>15</b> Sausage Egg &amp; Cheese Muffin Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>16</b> Nacho Supreme Shredded Romaine Fiesta Bean Bake Diced Peaches Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>17</b> Fish Sticks Rice Pilaf Mixed Vegetables Pineapple Tidbits Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>18</b> Homemade Macaroni &amp; Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>19</b> ½ DAY SACK LUNCH AVAILABLE</p>
<p><b>22</b> Chicken Cooks Choice Starz Fries Dinner Roll Winter Blend Vegetables Mixed Fruit Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>23</b> Mini Corn Dogs Seasoned Pasta Green Beans Applesauce Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>24</b> Chicken Patty on WG Bun Pretzel Twists Baked Beans Diced Pears Variety of Milk</p> <p>Alt: Hot Dog on WG Bun</p>	<p><b>25</b> Goulash WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk</p> <p>Alt: Chicken Nuggets</p>	<p><b>26</b> Pepperoni Pizza Baby Carrots Assorted Fresh Fruit WG Cookie Variety of Milk</p> <p>Alt: Yogurt Plate</p>
<p><b>29</b> Pork BBQ Sandwich Potato Rounds Steamed Carrots Sliced Pears Variety of Milk</p> <p>Alt: Cheese Pizza</p>	<p><b>30</b> Soft Shelled Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk</p> <p>Alt: Deli Sandwich on WG Bun</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### News

**Elementary Prices**  
**Full Paid Lunch - \$2.30**  
**Reduced Lunch - \$.40**  
**Adult Lunch \$3.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson**  
**231-398-3695**

[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Fresh Veggies available daily**

**Condiments may include:**  
**Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, Honey Mustard Sauce or BBQ Sauce**

**Free and Reduced lunch applications may be filled out online at**  
[www.lunchapp.com](http://www.lunchapp.com)

**This institution is an equal opportunity**