APRIL 2019



KENNEDY LUNCH

MOND	PAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Popcorn Ch Potato Ro Dinner R Green Be Diced Pe Variety of Alt: Cheese Alt: Deli Sa	unds Roll eans ears · Milk e Pizza	2 Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	French Toast Sausage Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	4 Chicken N Noodles WG Biscuit Steamed Carrots Sliced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	Big Daddy's Cheese Pizza Celery/Broccoli Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
8 Chicken S Baked Fi Dinner F California Blend Applesa Variety of Alt: Cheese Alt: Deli Sa	ries Roll Vegetables uce f Milk e Pizza	9 Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Apple Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Sliced Pears Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	11 Chicken Gravy w/ Mashed Potatoes WG Biscuit Corn Mixed Fruit Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	12 Garlic Cheese Bread Carrots/Celery Sticks Assorted Fresh Fruit Vanilla Pudding Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
15 Sausage Egg & Cl Hash Brown Warm Cinnamon A Variety of Alt: Cheese Alt: Deli Sai	Apple Slices** Milk Pizza	Nacho Supreme Shredded Romaine Fiesta Bean Bake Diced Peaches Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	17 Fish Sticks Rice Pilaf Mixed Vegetables Pineapple Tidbits Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	Homemade Macaroni & Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	19 ½ DAY SACK LUNCH AVAILABLE
22 Chicken Cook Starz Fri Dinner R Winter Blend V Mixed Fr Variety of Alt: Cheese Alt: Deli Sar	ies Roll egetables ruit Milk e Pizza	Mini Corn Dogs Seasoned Pasta Green Beans Applesauce Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	24 Chicken Patty on WG Bun Pretzel Twists Baked Beans Diced Pears Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	Goulash WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	Pepperoni Pizza Baby Carrots Assorted Fresh Fruit WG Cookie Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
Pork BBQ Sa Potato Roi Steamed Ca Sliced Pe Variety of Alt: Cheese Alt: Deli Sar	unds arrots ears Milk e Pizza	3 oft Shelled Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	1	2	3

<u>News</u>

Elementary Prices
Full Paid Lunch - \$2.30
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact Keri Carlson 231-398-3695

kcarlson@manistee.org

Fresh Veggies available
daily
Condiments may include:
Low Fat/RC Ranch, RF
French, Mustard, Ketchup,
Relish, Tartar Sauce,
Honey Mustard Sauce or
BBQ Sauce

Free and Reduced lunch applications may be filled out online at www.lunchapp.com

This institution is an equal opportunity