MAY | 2019



KENNEDY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 French Toast Sticks Sausage Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk	2 Italian Spaghetti WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk	3 Big Daddy's Cheese Pizza Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk
		Alt: Hot Dog on WG Bun Alt: Deli Sandwich	Alt: Chicken Nuggets Alt: Deli Sandwich	Alt: Yogurt Plate Alt: Deli Sandwich
Popcorn Chicken Baked Fries Dinner Roll Broccoli Diced Pears Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	Nacho Supreme Shredded Romaine Fiesta Bean Bake Mixed Fruit Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	8 Fish Sticks Rice Pilaf Mixed Vegetables Sliced Peaches Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	9 Ham & Cheese Melt Hash Brown Patty Corn Strawberries Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	10 Garlic Cheese Bread Carrots / Celery Sticks Assorted Fresh Fruit Vanilla Pudding Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
13 Chicken Strips Starz Fries Dinner Roll California Blend Vegetables Applesauce Variety of Milk Alt: Cheese Pizza	Variety of Milk Alt: Deli Sandwich on WG Bun	1 Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Sliced Pears Variety of Milk Alt: Hot Dog on WG Bun	16 Chicken N Noodles WG Biscuit Steamed Carrots Diced Peaches Variety of Milk Alt: Chicken Nuggets	Calzone Fresh Carrots/Cauliflower Assorted Fresh Fruit WG Cookie Variety of Milk Alt: Yogurt Plate
Alt: Deli Sandwich Cooks Choice Chicken Potato Rounds Dinner Roll Winter Blend Vegetables Mixed Fruit Variety of Milk Alt: Cheese Pizza Alt: Deli Sandwich	Alt: Yogurt Plate 21 Mini Corn Dogs Seasoned Pasta Green Beans Sliced Peaches Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	Alt: Deli Sandwich 2 Chicken Patty on WG Bun Pretzel Twists Baked Beans Diced Pears Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	Alt: Deli Sandwich Hornemade Macaroni & Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	Alt: Deli Sandwich 24 Pepperoni Pizza Baby Carrots Assorted Fresh Fruit Slushy Cup Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich
NO SCHOOL	Soft Shelled Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Deli Sandwich on WG Bun Alt: Yogurt Plate	29 Sausage Egg & Cheese Muffin Hash Brown Patty Warm Cinnamon Apple Slices** Variety of Milk Alt: Hot Dog on WG Bun Alt: Deli Sandwich	30 Goulash WG Garlic Toast Spinach/Romaine/Kale Salad Sliced Peaches Variety of Milk Alt: Chicken Nuggets Alt: Deli Sandwich	31 Pizza Cooks Choice Celery Sticks / Carrots Assorted Fresh Fruit Chocolate Pudding Variety of Milk Alt: Yogurt Plate Alt: Deli Sandwich

<u>News</u>

Elementary Prices
Full Paid Lunch - \$2.30
Reduced Lunch - \$.40
Adult Lunch \$3.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact Keri Carlson 231-398-3695

kcarlson@manistee.org

Fresh Veggies available
daily
Condiments may include:
Low Fat/RC Ranch, RF
French, Mustard, Ketchup,
Relish, Tartar Sauce, Honey
Mustard Sauce or BBQ
Sauce

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

This institution is an equal opportunity