

SEPTEMBER | 2019



Jefferson/Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Chex Cereal Raisins Orange Juice 1% White Milk	4 WG Breakfast Bar Apple Grape Juice 1% White Milk	5 Cinni Mini Applesauce Cup Fruit Punch 1% White Milk	6 Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
9 Cinnamon Toast Crunch Cereal Raisins Apple Juice 1% White Milk	10 Cream Cheese Bagel Strawberries Orange Juice 1% White Milk	11 Apple Frudel Banana Grape Juice 1% White Milk	12 Banana Bread Applesauce Cup Fruit Punch 1% White Milk	13 Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
16 Cheerios Raisins Apple Juice 1% White Milk	17 Mini Pancakes Apple Slices Orange Juice 1% White Milk	18 WG Chocolate Cherry Bar Mixed Berry Cup Grape Juice 1% White Milk	19 WG Blueberry Muffin String Cheese Applesauce Cup Fruit Punch 1% White Milk	20 Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
23 Rice Krispie Cereal Raisins Apple Juice 1% White Milk	24 Grape Filled Croissant Peach Cup Orange Juice 1% White Milk	25 Cherry Frudel Banana Grape Juice 1% White Milk	26 Breakfast Cereal TO GO Applesauce Cup Fruit Punch 1% White Milk	27 Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
30 RS Frosted Flakes Raisins Apple Juice 1% White Milk	1	2	3	4

News

**Elementary Prices
Free Breakfast In The
Classroom**

**Foodservice reserves the
right to change the menu
without notice**

**Questions concerning the
menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org**

**Free and Reduced lunch
applications may be filled
out online at
www.lunchapp.com**

**Students must select 3
items to be a complete
breakfast. One item must
be a fruit or a juice**