

# NOVEMBER | 2019



## Jefferson Elementary Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Big Daddy's Pizza Crisp Carrots & Broccoli Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk  Alt: Yogurt Plate
4 Popcorn Chicken Potato Rounds Hubbard Squash Mixed Fruit Variety of Milk  Alt: Cheese Pizza	5 Nacho Supreme Shredded Romaine Fiesta Beans Pineapple Tidbits Variety of Milk  Alt: Deli Sandwich	6 Garlic Cheese Bread Mixed Vegetables Strawberries Variety of Milk  Alt: Hot Dog on WG Bun	7 Chicken Patty on WG Bun Pretzel Twists Baked Beans Banana Variety of Milk  Alt: Chicken Nuggets	8 Pizza Pocket Fresh Celery & Carrots Assorted Fresh Fruit Chocolate Pudding Variety of Milk  Alt: Yogurt Plate
11 Homemade Goulash WG Breadstick Green Beans Diced Peaches Variety of Milk  Alt: Cheese Pizza	12 Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Applesauce Variety of Milk  Alt: Deli Sandwich	13 Sausage Egg & Cheese Muffin Hash Brown Patty Warm Cinnamon Apples** Variety of Milk  Alt: Hot Dog on WG Bun	14 Chicken Gravy Mashed Potatoes Warm Biscuit Sliced Carrots Sliced Pears Variety of Milk  Alt: Chicken Nuggets	15 Pepperoni Pizza Cauliflower & Carrots Assorted Fresh Fruit WG Cookie Variety of Milk  Alt: Yogurt Plate
18 Chicken Smackers Potato Wedges California Blend Vegetables Sliced Peaches Variety of Milk  Alt: Cheese Pizza	19 Cheeseburger on WG Bun Baked Beans Diced Pears Variety of Milk  Alt: Deli Sandwich	20 Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Mixed Fruit Cup Variety of Milk Alt: Hot Dog on WG Bun	21 Thanksgiving Feast Sliced Turkey Mashed Potatoes w/ Gravy Stuffing Dinner Roll Corn Apple Crisp Variety of Milk Alt: Deli Sandwich	22 Calzone Baby Carrots & Celery Assorted Fresh Fruit Slushy Cup Variety of Milk  Alt: Yogurt Plate
25 Shredded Pork BBQ Sandwich Oven Fries Baked Beans Applesauce Variety of Milk  Alt: Cheese Pizza	26 French Toast Sausage Hash Brown Patty Blueberries Variety of Milk  Alt: Deli Sandwich	27  ½ DAY  SACK LUNCH AVAILABLE	28  NO SCHOOL	29  NO SCHOOL

### News

**Elementary Prices**  
**Full Paid Lunch - \$2.40**  
**Reduced Lunch - \$.40**  
**Adult Lunch \$3.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**  
**Keri Carlson**  
**231-398-3695**  
[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Fresh Veggies available daily**

**Condiments may include:**  
**Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce**

**Free and Reduced lunch applications may be filled out online at**  
[www.lunchapp.com](http://www.lunchapp.com)

**This institution is an equal opportunity**