



# DECEMBER | 2019

## Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Cinnamon Toast Crunch Cereal Raisins Apple Juice 1% White Milk	<b>3</b> Cream Cheese Bagel Apple Slices Orange Juice 1% White Milk	<b>4</b> Apple Frudel Banana Grape Juice 1% White Milk	<b>5</b> Cinni Mini Applesauce Cup Fruit Punch 1% White Milk	<b>6</b> Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
<b>9</b> Rice Krispie Cereal Raisins Apple Juice 1% White Milk	<b>10</b> Mini Pancakes Mixed Berry Cup Orange Juice 1% White Milk	<b>11</b> WG Breakfast Bar Banana Grape Juice 1% White Milk	<b>12</b> WG Muffin Hard Boiled Egg Applesauce Cup Fruit Punch 1% White Milk	<b>13</b> Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
<b>16</b> Assorted Cereal Raisins Apple Juice 1% White Milk	<b>17</b> Cherry Frudel Apple Orange Juice 1% White Milk	<b>18</b> WG Chocolate Cherry Bar Assorted Fresh Fruit Grape Juice 1% White Milk	<b>19</b> WG Banana Bread String Cheese Applesauce Cup Fruit Punch 1% White Milk	<b>20</b> Cooks Choice Breakfast Craisins Assorted Juice 1% White Milk
<b>23</b> NO SCHOOL	<b>24</b> NO SCHOOL	<b>25</b> NO SCHOOL	<b>26</b> NO SCHOOL	<b>27</b> NO SCHOOL
<b>30</b> NO SCHOOL	<b>31</b> NO SCHOOL	<b>1</b>	<b>2</b>	<b>3</b>

### News

**Elementary Prices  
Free Breakfast In The  
Classroom**

**Foodservice reserves the  
right to change the menu  
without notice**

**Questions concerning the  
menu please contact  
Keri Carlson  
231-398-3695  
[kcarlson@manistee.org](mailto:kcarlson@manistee.org)**

**Free and Reduced lunch  
applications may be filled  
out online at  
[www.lunchapp.com](http://www.lunchapp.com)**

**Students must select 3  
items to be a complete  
breakfast. One item must  
be a fruit or a juice**