



# JANUARY | 2020

## Jefferson Elementary Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Popcorn Chicken Potato Rounds Mixed Vegetables Diced Pears Variety of Milk  Alt: Cheese Pizza	7 Nacho Supreme Shredded Romaine Refried Beans Pineapple Tidbits Variety of Milk  Alt: Deli Sandwich	8 Garlic Cheese Bread Steamed Broccoli Mixed Fruit Variety of Milk  Alt: Hot Dog on WG Bun	9 Chicken Patty Pretzel Twists Sliced Carrots Banana Variety of Milk  Alt: Chicken Nuggets	10 Pizza Pocket Celery & Baby Carrots Assorted Fresh Fruit Chocolate Pudding Variety of Milk  Alt: Yogurt Plate
13 Homemade Goulash WG Garlic Toast Green Beans Sliced Peaches Variety of Milk  Alt: Cheese Pizza	14 Chicken Tacos Shredded Romaine Shredded Cheese Fiesta Bean Bake Mandarin Oranges & Pineapple Variety of Milk  Alt: Deli Sandwich	15 Sausage Egg & Cheese Muffin Hash Brown Patty Warm Cinnamon Apples** Variety of Milk  Alt: Hot Dog on WG Bun	16 Macaroni & Cheese WG Pretzel Roll Steamed Peas Applesauce Variety of Milk  Alt: Chicken Nuggets	17 Pepperoni Pizza Fresh Broccoli & Carrot Sticks Assorted Fresh Fruit WG Cookie Variety of Milk  Alt: Yogurt Plate
20 Chicken Smackers WG Dinner Roll California Blend Mixed Berry Fruit Cup Variety of Milk  Alt: Cheese Pizza	21 Cheeseburger on WG Bun Baked Beans Sliced Pears Variety of Milk  Alt: Deli Sandwich	22 Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Mixed Fruit Variety of Milk  Alt: Hot Dog on WG Bun	23 Chicken Gravy w/Mashed Potatoes & Gravy Warm WG Biscuit Steamed Corn Diced Peaches Variety of Milk Alt: Chicken Nuggets	24 NO SCHOOL
27 Chicken Strips WG Pretzel Roll Starz Fries Green Beans Applesauce Variety of Milk Alt: Cheese Pizza	28 Mini Corn Dogs Seasoned Pasta California Blend Vegetables Strawberries Variety of Milk  Alt: Deli Sandwich	29 Mozzarella Cheese Sticks Marinara Sauce Baked Beans Diced Pears Variety of Milk  Alt: Hot Dog on WG Bun	30 Chicken N Noodles WG Dinner Roll Sliced Carrots Mixed Fruit Variety of Milk  Alt: Chicken Nuggets	31 Big Daddy's Pizza Celery & Baby Carrots Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk  Alt: Yogurt Plate

### News

**Elementary Prices**  
**Full Paid Lunch - \$2.40**  
**Reduced Lunch - \$.40**  
**Adult Lunch \$3.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**  
**Keri Carlson**  
**231-398-3695**  
[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Fresh Veggies available daily**

**Condiments may include:**  
**Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce**

**Free and Reduced lunch applications may be filled out online at**  
[www.lunchapp.com](http://www.lunchapp.com)

**This institution is an equal opportunity**