

SEPTEMBER | 2020



Jefferson & Kennedy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4 NO SCHOOL LABOR DAY WEEKEND
7 NO SCHOOL LABOR DAY	8 Chicken Patty on WG Bun Baked Fries Sliced Carrots Mixed Fruit Cup Variety of Milk NO ALTERNATE	9 Big Daddy's Pizza Steamed Corn Diced Pears Variety of Milk NO ALTERNATE	10 Garlic Cheese Bread Baked Beans Sliced Peaches Variety of Milk NO ALTERNATE	11 Deli Ham & Cheese Sub Fresh Carrots & Broccoli Applesauce Cup WG Cookie Variety of Milk *NO ALTERNATE*
14 Chicken Smackers Potato Rounds Steamed Carrots Diced Pears Variety of Milk Alt: Cheese Pizza	15 Soft Shelled Tacos Shredded Romaine Shredded Cheese Fiesta Beans Apple Slices Variety of Milk Alt: Yogurt Plate	16 Pizza Pocket Broccoli Peach Cup Variety of Milk Alt: Hot Dog on WG Bun	17 Macaroni & Cheese Pretzel Roll Steamed Peas Applesauce Variety of Milk Alt: Chicken Nuggets	18 Turkey & Cheese Sandwich Baby Carrots & Celery Assorted Fresh Fruit Fruit Snack Variety of Milk *NO ALTERNATE*
21 Homemade Goulash WG Breadstick Green Beans Sliced Peaches Variety of Milk Alt: Cheese Pizza	22 Chicken Tacos Shredded Romaine Shredded Cheese Fiesta Beans Mixed Fruit Variety of Milk Alt: Yogurt Plate	23 Cheese Filled Breadsticks Pizza Dipping Sauce Corn Strawberries Variety of Milk Alt: Hot Dog on WG Bun	24 Chicken Drumstick Mashed Potatoes w/Gravy Sliced Carrots Diced Pears Variety of Milk Alt: Chicken Nuggets	25 Ham & Cheese Deli Sandwich Fresh Celery & Broccoli Assorted Fresh Fruit Mini Rice Krispie Treat Variety of Milk *NO ALTERNATE*
28 Popcorn Chicken Potato Wedges Corn Applesauce Variety of Milk Alt: Cheese Pizza	29 Mini Corn Dogs Seasoned Pasta Broccoli Diced Peaches Variety of Milk Alt: Yogurt Plate	30 French Toast Sausage 100% Fruit Juice Warm Cinnamon Apples Variety of Milk Alt: Hot Dog on WG Bun	1	2

News

Elementary Prices
Full Paid Lunch - \$2.40
Reduced Lunch - \$.40
Adult Lunch \$3.75

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce

Free and Reduced lunch applications may be filled out online at
www.lunchapp.com

This institution is an equal opportunity