

Manistee Great Start Families

GREAT START COLLABORATIVE FEBRUARY NEWSLETTER

FEBRUARY IS NATIONAL CHILDREN'S DENTAL CARE MONTH!



- Clean teeth twice daily with a soft toothbrush
- Brush for two minutes each time (sing the ABCs in your head three times!)
- Start flossing once per day as soon as teeth begin to touch
- Parents should supervise brushing until at least kids are able to tie their shoes

BRUSH TIME IS TALK TIME!

Use your bed time routine time to talk, read and sing with your child. This is a small everyday moment that can be made into big learning moment for your child. Here are some tips to make bath time learning time.

- Sing a song about brushing teeth while brushing
- Talk about the different kind of teeth there are in animals
- Talk about what foods are healthy for your teeth



Upcoming Events!

Weekly Parent Check-Ins

This is a time for us parents to have an adult conversation!
This is an informal Zoom call to just talk! For February we will have the check ins on Tuesday afternoon at 1:30 pm.

Parent Connection Meeting
Manistee Area Public Schools
Medical Clinic Info &
Surviving Winter W/ Kids!
Feb 17th @ 9:00 am

Zoom Story Time
Fridays at
10:30 am

Family Winter
Bingo!

A chance to win a
winter fun kit!

All events held via Zoom! Please email
lcrummey.wmmgsc@gmail.com for more info!

Talk & Play
Online playgroup
Feb 3rd
at 9:00 am

Last Months Fun!

