Manistee Great Start Families

GREAT START COLLABORATIVE FEBRUARY NEWSLETTER

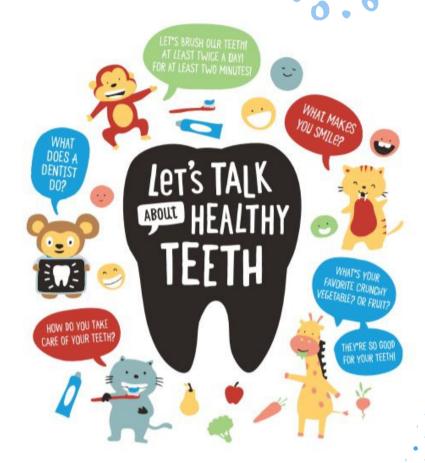
FEBRUARY IS NATIONAL CHILDREN'S DENTAL CARE MOTNH!

- Clean teeth twice daily with a soft toothbrush
- Brush for two minutes each time (sing the ABCs in your head three times!)
- Start flossing once per day as soon as teeth begin to touch
- Parents should supervise brushing until at least kids are able to tie their shoes



Use your bed time routine time to talk, read and sing with your child. This is a small everyday moment that can be made into big learning moment for your child. Here are some tips to make bath time learning time.

- Sing a song about brushing teeth while brushing
- Talk about the different kind of teeth there are in animals
- Talk about what foods are healthy for your teeth





Upcoming Events!

Weekly Parent Check-Ins

This is a time for us parents to have an adult conversation! This is an informal Zoom call to just talk! For February we will have the check ins on Tuesday afternoon at 1:30 pm.

Parent Connection Meeting
Manistee Area Public Schools
Medical Clinic Info &
Surving Winter W/ Kids!
Feb 17th @ 9:00 am

Zoom Story Time Fridays at 10:30 am

Family Winter
Bingo!
A chance to win a
winter fun kit!

All events held via Zoom! Please email lcrummey.wmmgsc@gmail.com for more info!

Talk & Play
Online playgroup
Feb 3rd
at 9:00 am

Last Months Fun!





