MAY | 2021



Jefferson & Kennedy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Baked Fries Sliced Carrots Mixed Fruit Variety of Milk	4 Sloppy Joe on WG Bun Goldfish Crackers Baked Beans Applesauce Variety of Milk	5 Pepperoni Pizza Mixed Vegetables Sliced Pears Variety of Milk	6 Homemade Goulash Garlic Toast Green Beans Diced Peaches Variety of Milk	7 Ham & Cheese Deli Sandwich Slushie Fresh Broccoli Fresh Apple** Variety of Milk
Alt: Cheese Pizza	Alt: Yogurt Plate	Alt: Hot Dog on WG Bun	Alt: Chicken Nuggets	NO ALTERNATE
Popcorn Chicken Potato Rounds Asparagus** Mixed Berry Fruit Cup Variety of Milk	11 Nacho Supreme Shredded Romaine Refried Beans Fresh Apple Slices Variety of Milk	12 Calzone California Blend Vegetables Banana Variety of Milk	Chicken N Noodles Warm Biscuit Corn Michigan Sweet Cherries** Variety of Milk	14 Combo Sub Sandwich Fruit Snack Fresh Carrots Fresh Pear Variety of Milk
Alt: Cheese Pizza	Alt: Yogurt Plate	Alt: Hot Dog on WG Bun	Alt: Chicken Nuggets	NO ALTERNATE
1 Chicken Patty on WG Bun Pretzel Twists Winter Blend Vegetables Diced Pears Variety of Milk Alt: Cheese Pizza	18 Soft Shelled Tacos Shredded Romaine Shredded Cheese Fiesta Bean Bake Pineapple Variety of Milk Alt: Yogurt Plate	19 Big Daddy's Cheese Pizza Carrots Strawberries** Variety of Milk Alt: Hot Dog on WG Bun	20 Sausage, Egg & Cheese Muffin Hash Brown Patty Mandarin Oranges Variety of Milk Alt: Chicken Nuggets	Turkey & Cheese Deli Sandwich Cook Choice Snack Cauliflower Banana Variety of Milk NO ALTERNATE
Chicken Smackers WG Biscuit Diced Squash** Sliced Pears Variety of Milk Alt: Cheese Pizza	25 Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Yogurt Plate	26 Garlic Cheese Bread Broccoli Blueberries** Variety of Milk Alt: Hot Dog on WG Bun	French Toast Sticks Sausage Diced Potatoes Apple Slices Variety of Milk Alt: Chicken Nuggets	28 Ham & Cheese Sub Sandwich Cookie Assorted Fresh Vegetable Fresh Apple** Variety of Milk NO ALTERNATE
31	1	2	3	4
MEMORIAL DAY				-

News

Lunch is Free to all students!!

Adult Price - \$ 3.75

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact **Keri Carlson** 231-398-3695

kcarlson@manistee.org

Condiments may include: Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or **BBQ Sauce**

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

This institution is an equal opportunity