

Manistee Great Start Families

GREAT START COLLABORATIVE MAY NEWSLETTER

MAY IS NATIONAL FAMILY MONTH!

National Family Month is observed during the five-week period between Mother's Day in May and Father's Day in June. It is timed to coincide with the end of the school year, when families start spending more time together, and focus attention on mothers and fathers as the most powerful support system for their children. National Family Month is meant to both celebrate the strength of families and offer ideas to support the challenges they face.



WEXFORD-MISSAUKEE-MANISTEE GREAT START COLLABORATIVE
PRESENTS

CROCK-N-ROLL COOKING AND TALKING AS A FAMILY



When/where:

May 18th 1:00 pm Onekama Park

May 24th 8:30 pm Via Zoom

May 25th 9:30 am Lions Pavilion

Manistee

Register is required:

<https://www.surveymonkey.com/r/8D6P>

QSH

or email Lcrummey.wmmgsc@gmail.com

Starting this month we will be offering a fun new program, Crock-N-Roll. During this time we will share tips about cooking and talking with our children. Good nutrition combined with language-rich activities like talking, reading and singing supports children's early brain and language development. When you talk with your children about nutritious foods, you're helping to build both their vocabulary and healthy eating habits! Join us during one of our Crock-N-Roll events and leave with a new crockpot!



Upcoming Events!

Story & Play!

Join us for some playtime and wrap up the hour with snack and a story!

9:30 - 10:30 am

Manistee- Rocket Park May 17th
Onkama Park May 10th and 24th

Storytime on the go!

Join us for a small adventure hike followed by a story & snack!

9:30 am

May 5th - Baldy Trail in Arcadia
May 19th - Orchard Beach Trail in Manistee

Walk & Talk

May 14th @ 9:00

Meet at American Legion end of river walk.

Walk to the park and have a parent conversation around the five protective factors.

Sign up for the Outdoor Hour Challenge this summer!

Starts in June! Spend a certain number of hours outside and log them on a sheet! Once completed turn in for a prize!

More details to come!
