



Want to better understand your child's needs and behaviors?

ENROLL IN

MOM POWER

A 10-week parenting program for you and your kids!

WHO: For women during pregnancy or with at least one child from age 0-5 years old that are interested in participating and can attend most of the 10 sessions.

WHERE: From the comfort of your home on Zoom!

WHEN: Wednesdays' Starting October 6th 7:00 -8:30 pm

Mom Power is an attachment-based parenting program designed to provide education to parents, connect them with resources, and support their relationship with their child.

Why should I participate?

Mom Power helps parents learn new ways to engage with your child, offers time with other moms, as well as learning self-care strategies. Weekly encouragement and enchantments (goodie bags!)

If you are interested in participating, please contact Niki Schultz at (231)878-6544 or email-
nschultz@wmisd.org