

SEPTEMBER | 2021



Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31 Cocoa Cherry Bar Raisins Orange Juice Variety of Milk	1 Apple Frudel Strawberry Cup Grape Juice Variety of Milk	2 WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	3 NO SCHOOL
6 NO SCHOOL LABOR DAY	7 Cinnamon Toast Crunch Raisins Orange Juice Variety of Milk	8 WG Blueberry Muffin String Cheese Fresh Pear Grape Juice Variety of Milk	9 Cinni Mini Applesauce Cup Fruit Punch Variety of Milk	10 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
13 RS Frosted Flakes Raisins Apple Juice Variety of Milk	14 Mini Pancakes Banana Orange Juice Variety of Milk	15 Cream Cheese Bagel Mixed Berry Cup Grape Juice Variety of Milk	16 WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	17 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
20 Cheerios Cinnamon Crackers Raisins Apple Juice Variety of Milk	21 Cherry Frudel Banana Orange Juice Variety of Milk	22 WG Chocolate Cherry Bar Strawberry Cup Grape Juice Variety of Milk	23 Mini French Toast Applesauce Cup Fruit Punch Variety of Milk	24 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
27 Lucky Charms Raisins Apple Juice Variety of Milk	28 WG Yogurt Simply Chex Banana Orange Juice Variety of Milk	29 Cinnamon Toast Soft Pocket Fresh Orange Grape Juice Variety of Milk	30 WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	1

News

Free Breakfast In The Classroom

Adult Price - \$ 2.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact

**Keri Carlson
231-398-3695**

kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice

This institution is an equal opportunity provider