

OCTOBER | 2021

Jefferson & Kennedy Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
4 RS Cinnamon Toast Crunch Raisins Apple Juice Variety of Milk	5 Cocoa Cherry Bar Banana Orange Juice Variety of Milk	6 Apple Frudel Strawberry Cup Grape Juice Variety of Milk	7 Cinni Mini Applesauce Cup Fruit Punch Variety of Milk	8 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
11 RS Frosted Flakes Raisins Apple Juice Variety of Milk	12 Mini Pancakes Banana Orange Juice Variety of Milk	13 ½ Day WG Blueberry Muffin String Cheese Fresh Pear Grape Juice Variety of Milk	14 WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	15 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
18 Cheerios Cinnamon Crackers Raisins Apple Juice Variety of Milk	19 Cherry Frudel Banana Orange Juice Variety of Milk	20 Cream Cheese Bagel Mixed Berry Cup Grape Juice Variety of Milk	21 Mini French Toast Applesauce Cup Fruit Punch Variety of Milk	22 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
25 Lucky Charms Raisins Apple Juice Variety of Milk	26 WG Yogurt Simply Chex Banana Orange Juice Variety of Milk	27 Cinnamon Toast Soft Pocket Fresh Orange Grape Juice Variety of Milk	28 WG Breakfast Bar Applesauce Cup Fruit Punch Variety of Milk	29 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk

News

Free Breakfast In The Classroom

Adult Price - \$ 2.50

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact

Keri Carlson

231-398-3695

kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice

This institution is an equal opportunity provider