

NOVEMBER | 2021



Jefferson & Kennedy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty on WG Bun Cooks Choice Potato Baked Beans Mixed Fruit Variety of Milk Alt: Cheese Pizza	2 Garlic Cheese Bread Green Beans Banana Variety of Milk Alt: Yogurt Plate	3 French Toast Sausage Patty 100% Orange Juice Cinnamon Apple Slices Variety of Milk Alt: Hot Dog on WG Bun	4 Beef & Noodles WG Dinner Roll Sliced Carrots Diced Pears Variety of Milk Alt: Chicken Nuggets	5 Mozzarella Cheese Sticks Marinara Sauce Fresh Broccoli & Carrots Assorted Fresh Fruit Fruit Snack Variety of Milk Alt: Deli Sandwich
8 Chicken Tenders Potato Rounds California Blend Vegetables Pineapple Tidbits Variety of Milk Alt: Cheese Pizza	9 Nacho Supreme Shredded Romaine Refried Beans Mandarin Oranges Variety of Milk Alt: Yogurt Plate	10 Sloppy Joe on WG Bun Pretzel Twists Peas & Carrots Applesauce Variety of Milk Alt: Hot Dog on WG Bun	11 Homemade Goulash WG Garlic Toast Tossed Salad Sliced Peaches Variety of Milk Alt: Chicken Nuggets	12 Big Daddy's Pizza Fresh Cauliflower & Celery Mixed Fruit WG Cookie Variety of Milk Alt: Deli Sandwich
15 Popcorn Chicken Sweet Potato Fries Broccoli Sliced Pears Variety of Milk Alt: Cheese Pizza	16 Soft Shelled Tacos Shredded Romaine Shredded Cheese Fiesta Beans Berry Fruit Cup Variety of Milk Alt: Yogurt Plate	17 Toasted Cheese Sandwich Sun Chips Sliced Carrots Banana Variety of Milk Alt: Hot Dog on WG Bun	18 Thanksgiving Feast Sliced Turkey WG Dinner Roll Mashed Potatoes w/ Gravy Steamed Corn Diced Peaches Variety of Milk Alt: Chicken Nuggets	19 Pepperoni Pizza Baby Carrots & Broccoli Assorted Fresh Fruit Variety of Milk Alt: Deli Sandwich
22 Chicken Smackers Baked Fries Mixed Vegetables Applesauce Variety of Milk Alt: Cheese Pizza	23 Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Banana Variety of Milk Alt: Yogurt Plate	24 ½ DAY Deli Ham & Cheese Sandwich Assorted Chips Fresh Baby Carrots Apple Slices Variety of Milk	25 THANKSGIVING DAY NO SCHOOL	26 NO SCHOOL
29 Three Meat Stromboli Sweet Potato Rounds Steamed Corn Diced Pears Variety of Milk Alt: Cheese Pizza	30 Chicken Quesadilla Baked Beans Sliced Peaches Variety of Milk Alt: Yogurt Plate	1	2	3

News

Lunch is Free to all students!!

Adult Price - \$ 3.75

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact

Keri Carlson
231-398-3695

kcarlson@manistee.org

Condiments may include:

Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

This institution is an equal opportunity provider