



# DECEMBER | 2021

## Jefferson & Kennedy Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Sausage Egg & Cheese Muffin Blueberries Hash Brown Patty Variety of Milk  Alt: Hot Dog on WG Bun	2 Chicken N Noodles Sliced Carrots Apple Slices** WG Biscuit Variety of Milk  Alt: Chicken Nuggets	3 Pepperoni Calzone Fresh Cauliflower & Celery Sticks Applesauce Pudding Variety of Milk  Alt: Deli Sandwich
6 Chicken Smackers Potato Rounds Green Beans Mixed Fruit Variety of Milk  Alt: Cheese Pizza	7 Nacho Supreme Shredded Romaine Refried Beans Sliced Peaches Variety of Milk  Alt: Yogurt Plate	8 Garlic Cheese Bread Steamed Broccoli Diced Pears Variety of Milk  Alt: Hot Dog on WG Bun	9 Homemade Macaroni & Cheese Peas Applesauce Pretzel Roll Variety of Milk  Alt: Chicken Nuggets	10 Big Daddy's Pizza Baby Carrots Assorted Fresh Fruit Fruit Snacks Variety of Milk  Alt: Deli Sandwich
13 Popcorn Chicken Cooks Choice Potato Mixed Vegetables Pineapple Tidbits Variety of Milk  Alt: Cheese Pizza	14 Soft Shelled Tacos Shredded Romaine Shredded Cheese Fiesta Bean Bake Berry Fruit Cup Variety of Milk Alt: Yogurt Plate	15 Mini Corn Dogs Seasoned Pasta Asparagus Mixed Fruit Variety of Milk  Alt: Hog Dog on WG Bun	16 Italian Spaghetti Romaine / Spinach Salad Sliced Peaches WG Garlic Toast Variety of Milk  Alt: Chicken Nuggets	17 Cheese Filled Breadsticks Pizza Dipping Sauce Broccoli Diced Pears Cookie Variety of Milk Alt: Deli Sandwich
20  WINTER BREAK	21  WINTER BREAK	22  WINTER BREAK	23  WINTER BREAK	24  WINTER BREAK
27  WINTER BREAK	28  WINTER BREAK	29  WINTER BREAK	30  WINTER BREAK	31  WINTER BREAK

### News

Lunch is Free to all students!!

Adult Price - \$ 3.75

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson  
231-398-3695**

[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Condiments may include:  
Low Fat/RC Ranch, RF  
French, Mustard, Ketchup,  
Relish, Tartar Sauce, or  
BBQ Sauce**

**Free and Reduced lunch  
applications may be filled  
out online at  
[www.lunchapp.com](http://www.lunchapp.com)**

**This institution is an  
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provider**