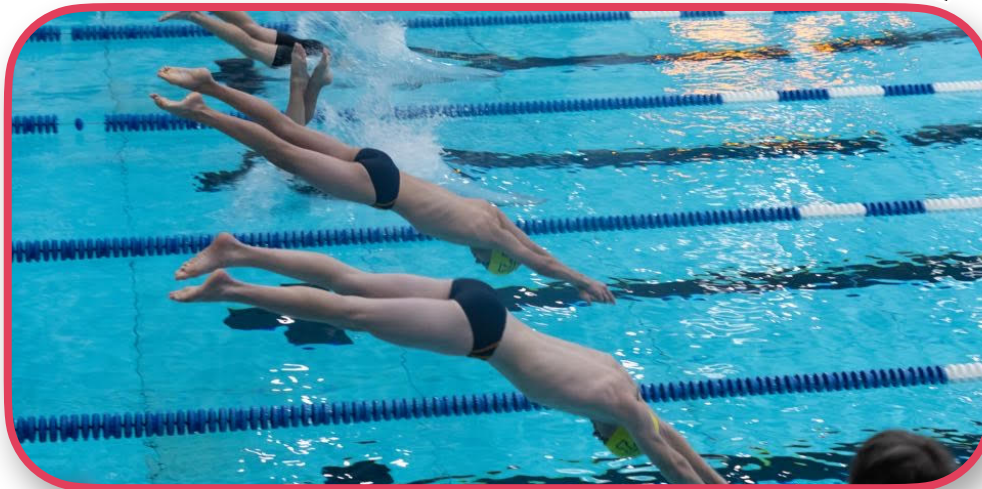
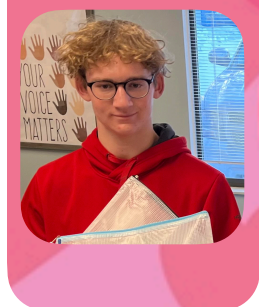


THE CHIPPEWA HERALD

Made by the Students, For the Students.



PREVIEW



Swim Boy's Make a Splash At Saturday Meet

By: Courtney Haag

Being it is already February, we are in the heart of the winter sports season. This is well known to the boy's swim team, as they have had yet another meet this past Saturday (February 5th). The race was an invitational that took place at Ottawa Hills, quite a hike away from Manistee. The team achieved many firsts, including the 200 freestyle relay and the 400 freestyle relay. **Trevor Adamczek (11)** placed first in the 100 meter fly, **Alec Lampen (10)** first in the 100 meter backstroke, and **Seth Thompson (12)** in the 100 meter freestyle. The team did not have any events qualify for the State meet at this race, but they did take fourth place overall. The other teams at the race consisted of teams from Grand Rapids and Kalamazoo. Seth Thompson states that, "While not everyone finished with the times they were hoping for, we still raced well. Our team did pretty good considering we just came from a week of hard practices." The team has 6 more races overall, including a home meet against Ludington on Thursday, February 10th. Be sure to watch these boys in action, as all of their hard work is certainly paying off!

BAND

Solo & Ensemble

STUDENT

Picking a College

SPORT

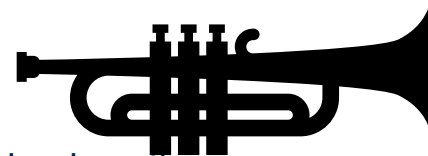
2022 Winter Olympics



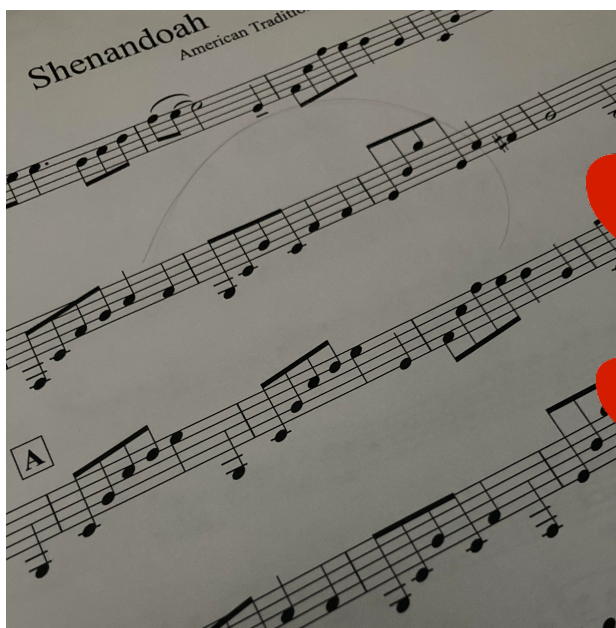


Students Play The Day Away At Solo & Ensemble

By: Courtney Haag



Saturday, February 5th was a busy day for Manistee High School, as there were sporting events and the school's famed winter carnival dance. But, we can't forget about our band's district Solo and Ensemble event that took place at Cadillac Mackinaw Trail Middle School. The event officially began at 9:00 am and lasted until around 3:00. Many students participated in solos and duets, and there was one quintet. Many band members have been practicing their pieces for weeks, all to play for and received feedback from judges.



Participants of this event were extremely successful, as there were almost all ones received. Trumpet and french horn player **Vincent Wang (10)** says that he “got all of his events done within the first two hours of the day, and spent the rest of his time listening to other people play.” Vincent played a solo for both trumpet and french horn, where he earned a one, and a brass quintet with fellow band players, where they received a two. **Tug Thuemmel (11)**, another trumpet player who performed in Solo and Ensemble mentioned that “it was pretty fun to play music with my friends, and the judges gave us advice to help our skills in the future.” Tug was also a member of the brass quintet. Many band members will advance on to state solo and ensemble, which will be a virtual event that will take place in March.

The band has a spring concert on May 23rd, and they will also be performing at Easter Michigan University on March 18th at the Great Lakes Concert Band Festival. Make sure you don't miss out!

Lakeshore Children's Advocacy Center Opens New Location

By: Courtney Haag

Many may not know about the Lakeshore Children's Advocacy Center (LCAC) located on Third Street in Manistee, but it is an important and valuable contribution to our community. The LCAC is critical to children who have endured abusive environments. The center works with many professionals to ensure that children and their families are heard and understood. The LCAC provides a safe space for people who have experienced trauma to be helped and protected throughout an investigation.



The new location includes a private interview room, a room specifically for law enforcement, offices, and a main room to congregate. The whole facility is decorated specifically to feel safe and calming. It even includes toys, snacks, and activities for children to partake in. Students such as **Libby McCarthy (10)** and **Will Somsel (10)** from our own Manistee High school volunteer at the LCAC as youth ambassadors. These local highschool students assist with projects such as putting together client resource packets and coping kits for the kids. They also volunteer at fundraisers that raise awareness throughout our community. One event that was brought about to support the LCAC was the Run the Pier 5k that took place last summer. The Lakeshore Children's Advocacy Center clearly plays a vital role throughout Manistee County, and it is fortunate that this resource is available.





Use Your Voice to Support Mental Health

By: Libby McCarthy

If you are interested in raising awareness and educating communities on mental health and the wellbeing among youth in Northern Michigan, then you might find interest in the Photovoice Project sponsored by The Behavioral Health Initiative. Their goal is to increase access to behavioral health resources and enhance community wellbeing and resilience. They are looking for a diverse group of youth ages 14-24 who can help by sharing their perspectives on this issue. This is your opportunity to use your voice to reduce the stigma on youth mental health.

What is a Photovoice project? Photovoice projects use creative techniques to present a specific population's viewpoints, influence decision makers, and inspire change at the community level. For this project, participants will focus on the stigma on youth mental health and explore ways that this issue can be addressed and supported within a community.

Participants are first asked to join a virtual orientation to learn more about the project and get the guidelines of taking pictures and writing narratives that they will later submit. A followup virtual meeting will be held to discuss and design the physical exhibit that will display submitted photos and narratives. That meeting will take place on March 14th. It is estimated that participants would spend around 12-15 hours on this project over a few weeks. An incentive of \$250 is awarded to all participants.

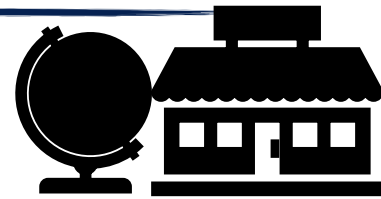
This project is limited to 20 participants so hurry and contact

[THIS LINK](#)

You can also cobehavioralhealthinitiative@gmail.com with any questions. Although teenagers are sometimes encouraged to stay quiet, this is a chance to use your voice to speak up for your generation - and to earn some money while making an impact on your community!



World/State/Local



Exchange Corner - Panthip (Punch) Siriwattanapiboon

By: Alyssa Jackoviak

Q: Where are you from?

A: "I'm from Bangkok, Thailand."

Q: Who is your host family?

A: "My host family is Falk Family."

Q: How long are you staying here?

A: "I'm staying here for a whole school year."

Q: How do you like it here so far? Any specific likes and dislikes?

A: "I like it here. I like how nice people are and I also like that Americans can be themselves and no one judges each other. Something that I don't like is probably the weather, it is very cold. I'm freezing everyday lol."

Q: Have you gone anywhere or done anything special while you are here?

A: "I went to downtown Grand rapids and I really like to go shopping there. I also had a camping trip in Petoskey and it was so much fun. I also had the chance to visit my host grandma in Indiana and that is a nice place to travel!"

Q: Are you looking forward to trying or doing anything special during your stay?

A: I really want to go to Chicago, LA and NYC and I would like to try something fun while I'm staying here. I want to go to amusement park and visit as many place as I can.

Q: What are the major differences between Thailand and the US?

A: First thing is the weather. The weather here is very cold. Thailand is never cold. I wear long pants rarely because it's very hot, and it's hot all year. Second thing is food. The food is very different here than in Thailand.

Q: Do you play any sports/participate in any clubs here? If so, what is your favorite part(s) of being on the team/club?

A: In the fall I did a Cheerleading and it's so much fun to cheer for our football team. In the winter I play JV basketball as well. My favorite part is game days.



Winter Olympics Recap

By: Courtney Haag

The 2022 Winter Olympics, taking place in Beijing, are now well underway. The event ranges from February 4th (as of the opening ceremony) to February 20th, so it can be hard to catch all of the happenings. But, here is a quick run down. So far, the events that have occurred consist of: alpine skiing, curling, figure skating, freestyle skiing, ice hockey, luge, and snowboarding. Medaling ceremonies for each event are scheduled almost everyday throughout the competition. Only two days from the opening ceremony, there have already been a number of influential moments.



First of all, Russia's figure skating team has already surpassed all other teams. Russia's team is led by a 15 year old, who set a world record for her performance only a month before the Olympics.



Second, the U.S. has won their first medal in Slopestyle, all thanks to Julie Mariano. The snowboarder's score was just shy of New Zealand's Zoi Sadowski-Synnott, who placed gold in the event. Lastly, Australia sends their first ever team to compete in curling. Although they lost in their competitions against the American team, who beat them by one point. They pulled victories against Switzerland and Canada.



Currently, the U.S. has earned 3 silver medals, but no bronze or gold. Sweden has three gold medals, and ROC (Russian Olympic Committee) has the most medals, with 2 gold, 3 silver, and 2 bronze. But, this could all definitely change as the events have just started. If you're interested in keeping updated on the Winter Olympics, they are available to watch on NBC and the Peacock streaming service!



Nathan Chen: Going for Gold

By: Avery Vaas



Nathan Chen is a name you might recognize. If you're in the world of figure skating, Nathan Chen is a name you do recognize.

❄️ Acclaimed as perhaps 'the best male figure skater of all time,' Nathan Chen is an American figure skater that participated in this year's Winter Olympics with record-breaking results. With a total score of 332.60 points, Chen won gold. In addition to winning first place overall, Chen additionally broke the world record for the figure skating short program with a nearly flawless performance. Chen's success came as an immense relief, and a long awaited award.

❄️ Despite being a well-known figure skater credited with immense skill, Chen's performance at the 2018 Olympics (Chen being 18 at the time) left much to be desired. With an uncharacteristically poor set of performances, Chen's ill-fated routines landed him in 5th place overall. Although still not a bad placement for probably the largest figure skating platform, Chen was anticipated to perform with much better results. His initial performance even left him in 17th place before he was able to recover enough to reach 5th overall. 18 year old Chen left the 2018 Olympics with a score to settle. And after seeing the results of this year's male figure skating events, it can definitely be said that Chen has lived up to his former glory.

❄️ After Chen's performance at the previous Olympics many were skeptical with his capacity for the current events. Predictions for Chen's scores fluctuated between heavy-handed doubt to unshaken faith supported by previous competitions (striking the ill-fated 2018 Olympics.) Chen did not disappoint, leading second place by more than 22 full points.

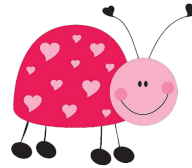
❄️ Of the various men's figure skating events, Chen scored a 113.97 on his short program routine. This broke the previous world record, a score of 111.82. Chen's apparent hard work and dedication following the previous Winter Olympics paid off. Nathan Chen has left his mark, leaving the 2022 Winter Olympics with a new world record and a gold medal.



COMMUNITY

How To Choose a College In Your Budget

By: Jenna Fortier



It is never too late, or too early, to begin college thinking, and budgeting! While most of our seniors are getting ready to make that final decision on committing to a college. Some might still be wondering what is going to work for them. Here are some of the main steps to deciding a college and creating a budget that works for you.



While it may seem impossible, try your best to avoid college debt and loans that will haunt you later in life. Anyone can, and should, get a job. Start saving for college as soon as you can. Everyone needs to fill out the FAFSA. Apply for grants and scholarships, it's always worth a shot at receiving some extra money towards college funds. You never know how much it could end up helping you in the long run. (Apply for scholarships each year during college as well). Having a job in college can be a great idea too, earn money while making your degree!

Remember we have a lovely community college that offers 2 year transfer programs right into a bigger college. It is always an option to start your college schooling off right here. Get your basics done first if you can. This could save you money and allow you more time to gain grants and scholarships, build a better reputation, get a job, and save for when you may transfer. Or you can always do all of your schooling here at West Shore!

Choosing a school based on money and wants are two different things. Many people have a dream college, but does that fit into what you can actually afford? Many people choose a college they don't have the money for, and fall into college debts for many years to come. So if you aren't starting with much, it may be a better choice to choose a college you know you can stay on top of. No matter your age, or what time of the school year, start now! Start looking for scholarships, get a job, create a budget for yourself with the money you earn, and keep yourself accountable!

WHERE IS WALDO?

Hidden somewhere in this edition of the Chippewa Herald is this image of Waldo! If you find him, email a screenshot to 23iudlau@manistee.org



Shout out to THESE students who found Waldo last edition!

- Lauren Mezeske (11)
- Eli Fulto (9)
- Grayson Prince (10)
- Sarah Huber (9)
- Nicklaus Judkins (10)
- Flynn Anderson (9)
- Mr.Thuemmel
- Jordan Fink (12)



YOU'RE THE SPRINKLES ON OUR ICE CREAM - THAT'S WHY WE WANT YOU ON OUR TEAM!

WE ARE NOW HIRING FOR CREW MEMBERS & ASSISTANT MANAGER



IF YOU ARE LOOKING FOR A FUN AND EXCITING JOB OPPORTUNITY SCAN THE QR CODE ABOVE TO COMPLETE AN ONLINE APPLICATION



Music in the Mornings: Interview with Andrew

By: Avery Vaas

Walking into school before eight in the morning isn't exactly what many would describe as a pleasant experience. But here at Manistee High School, entering the doors in the morning isn't as unpleasant as it seems. With the door held open, cheerful music playing, and a friendly smile, **Andrew McGaffigan (11)** has been making the mornings better for students since his 7th grade year.



When asked a few questions, Andrew was happy to reply. The interview went as follows:

Q- When did you start playing music by the door (and holding the door)?

A- "I mainly started doing it because I liked to make people happy, and doing that also gave me a chance to know who was at school. Plus, it boosts my morale in the morning when otherwise it would be gloomy. Double plus, I get to chat with friends in the morning. But with COVID, I've had less time to do it."

Q- Why did you start this tradition?

A- "I started holding the door back in ye old days—roughly 7th grade. I really enjoyed it, so I thought to myself, huh, wouldn't it be cool to do this more often or spice it up? And so I did exactly that. I started playing music by the doors, which heavily influenced my taste in music now, I'd say. Ms. Miller (aka my Best Friend) gave me the bluetooth speaker and that made me really happy, so thank you Ms Miller :)."

Q- What's your favorite part about it?

A- "My favorite part about holding the doors is the time I get to spend with my peers in the morning, plus to see them and give them that boost they may need. Heck, on the day I'm typing this, I greeted **Ben Schlaff (11)** with a big welcome. He told me later he was really... shocked, to say the least haha I used to give options for doors to go in, but since the new doors and the riddance of my original doors, I've had to stick to one. I also plan on getting hoodies or jackets eventually for a door holding squad."



And finally, I think it would be cool to do song requests, so here's my email in case you wanna send me one: 23mcgand@manistee.org

Art Contests and Opportunities

By: Avery Vaas



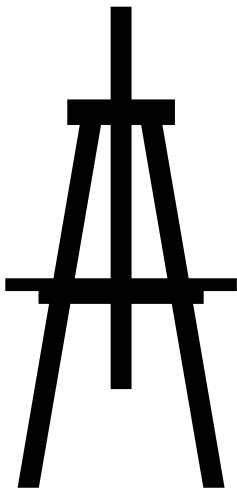
Do you like art? Do you like creating, sharing, or observing art? MMHS has various art-related contests and opportunities, so get involved today!

Doodle for Google- Doodle for Google is an opportunity for students to submit art that represents how you care for yourself. Judging will be separated by the school grade of participants and various winners will be awarded. You can learn more at Doodle for Google.

Works are due by March 4.

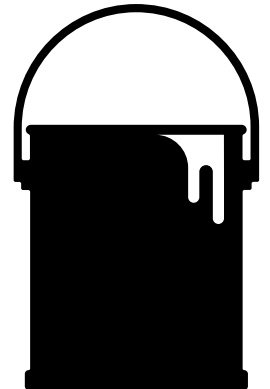
First Responder Art- This contest aims to honor first responders on the front lines. The art can focus on the trials and triumphs of firefighters, police officers, medical workers, etc.

Works are due April 1.



Vaping: Know the Truth- This contest aims to expose the dangers of vaping. Students are invited to participate by creating art that spreads awareness about vaping. You can win a college scholarship with a simple entry. Learn more at Vaping: Know the Truth.

(Works due March 30)



You can also view a few past contests here at Scholastic and NAHS

Learn more about art opportunities by emailing Mrs. Puchtel at apuchtel@manistee.org, visiting this site, or by coming to Art Space (in the high school art room after school to 3:30 on Tuesdays).

Small Business Highlight : Down Town Delights

By: Lauren Judkins

If you haven't been to Manistee's new ice cream shop, you are missing out! Down Town Delights opened August 13, 2021 and has been serving Manistee ever since. Tracy Hanson Judkins – a MMHS alumni – opened the shop on River Street because of her passion for sweets. She said that she, "started out making cake balls/pops and other treats out of my home. Friends and family kept urging me to open a shop to sell from. When House of Flavors closed, I felt it was a great time to open a shop that offered ice cream as well as my cake balls/pops". The shop offers 34 flavors of hard scooped ice cream along with shakes, sundaes, floats and stuffed shakes. They also offer 9 different grilled cheese sandwiches, 3 daily soups, coffee from Port City Brew, and baked goods (including her cake balls).



Along with the staples like Vanilla and Chocolate, some of the most popular flavors included Midnight Carmel River, Llamalicious, Cappuccino Crunch, and so many more fun and unique flavors. Most of the flavors are gluten free, while some are sugar free and vegan. Because of the cold weather, the bbq pork grilled cheese and cake balls have been a big hit. The stuffed shakes are also a huge hit. The shakes are 16 ounces along with fun treats like a cupcake, Pop Tart or an entire slice of cheesecake.

The fun shop is located at the old senior center at **457 River Street**. Tracy, along with her family, spent all of summer renovating the building, including the pink sprinkle wall.

Tracy says that she hopes to continue making the building better and that she is "planning on adding candy to the shop. This would include candy that isn't available in grocery stores such as salt water taffy, bulk candy and other novelty candy options".



Meet the 2021-2022 Staff

**Lauren Judkins,
Writer and Editor**



**"Treat people
with kindness"
- Harry Styles**

**Solana Postma,
Writer**

**Avery Vaas, Writer and
Editor**



**"You'll never hit the
bullseye if you don't
shoot your arrow."
-Anonymous**

**Alyssa Jackoviak,
Writer**



**"No matter where
life takes me, find
me with a smile."
- Mac Miller**

**Libby McCarthy,
Writer**



**"Sometimes I feel
grateful thoughts
don't appear as
bubbles over our
heads." -Anonymous**

**Jenna Fortier,
Writer**

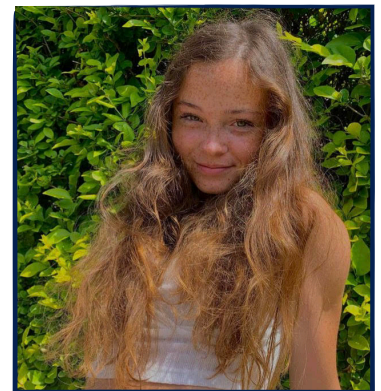


**"Every day is a new
day."**

**Courtney Haag,
Writer**



Allie Thomas, Writer



**"Honestly, don't
you read?"
- Hermione
Granger, Harry
Potter and the
Sorcerer's Stone**