# MANISTEE GREAT START FAMILIES

**GREAT START COLLABORATIVE NEWSLETTER** 







## RURAL CHILD CARE INNOVATION - FAMILY SURVEY

Manistee County has been selected to participate in the Rural Child Care Innovation Program (RCCIP). The RCCIP seeks to address the challenges of rural child care in Michigan through the lens of rural economic development.

The RCCIP uses a community engagement process to develop the right-sized solutions to increase the supply of high-quality affordable early child care in rural communities.

**Investment Corporation** 



FIRST 100
PARENTS/CAREGIVERS TO
COMPLETE SURVEY
RECEIVE A
\$10 GIFTCARD

First Children's Finance
Early Childhood







#### **UPCOMING EVENTS**

Let's Talk About Trees Story Time
Fri Aug 25th
10 am
Lake Bluff Farms- Manistee

Story Time on the Gol Wed 10:00 am 17th- Spirit of the Woods 31st - Orchard Beach Trails

Bubbles in the Park - STEM Play group - RSVP for a STEM Kit Sat Aug 13th 10 am Stronach Park

10:00 - 11:30 Weds Aug 10th - Manistee Rocket Park Aug 24th - Onekama Park

Park Playgroup

Scan the QR for back to school tips!



## **MINDFULNESS MONDAYS**

Join us on the beach for some kid yoga and mindfulness activities!

Aug 22nd
10:00 am 5th Ave Beach House Manistee

This event is made possible by a grant from Manistee

County Community Foundation- Manistee County Youth

Advisory Council!

### Talk about feelings

Talking with your child about his feelings can help him feel heard and understood. For example, you might say, "I can tell you're sad because you didn't want to leave the playground", or "You look mad because he took your ball away and you want it back." The more words he has to express himself, the more he can learn to communicate his needs and feelings in a positive way.





