BREAKFAST MENU - MIDDLE-HIGH SCHOOL Oct. 10-14, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is free for all students! Adult: \$2.50				
		HOT LINE		
Mini Pancakes	Egg & Cheese Omelette	Fruit Smoothie	Sausage, Egg & Cheese Muffin	Yogurt Parfait
	w/ Muffin			
	I	COLD LINE		
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
St	rudents must take at least 3	items - one must be a minimu	um of 1/2 cup fruit or vegetab	le.
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