

OCTOBER | 2022

Jefferson & Kennedy Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>WG Trix Breakfast Bar Raisins Apple Juice Variety of Milk</p>	<p>4</p> <p>Cinni Mini Banana Orange Juice Variety of Milk</p>	<p>5</p> <p>Cherry Frudel Apple Slices Grape Juice Variety of Milk</p>	<p>6</p> <p>RS Cinnamon Toast Crunch Applesauce Cup Fruit Punch Variety of Milk</p>	<p>7</p> <p>Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk</p>
<p>10</p> <p>WG Cinnamon Toast Breakfast Bar Raisins Apple Juice Variety of Milk</p>	<p>11</p> <p>Cocoa Cherry Bar Raisins Orange Juice Variety of Milk</p>	<p>12</p> <p>Cream Cheese Bagel Fresh Pear Grape Juice Variety of Milk</p>	<p>13</p> <p>Cheerios Applesauce Cup Fruit Punch Variety of Milk</p>	<p>14</p> <p>Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk</p>
<p>17</p> <p>Blueberry Belvita Bar Raisins Apple Juice Variety of Milk</p>	<p>18</p> <p>WG Bagel Cream Cheese Raisins Orange Juice Variety of Milk</p>	<p>19</p> <p>WG Blueberry Muffin String Cheese Apple Slices Grape Juice Variety of Milk</p>	<p>20</p> <p>Assorted Cereal Applesauce Cup Fruit Punch Variety of Milk</p>	<p>21</p> <p>Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk</p>
<p>24</p> <p>WG Cheerios Breakfast Bar Raisins Apple Juice Variety of Milk</p>	<p>25</p> <p>4oz. Yogurt WG Granola pkt. Raisins Orange Juice Variety of Milk</p>	<p>26</p> <p>Mini French Toast Dried Mixed Fruit Grape Juice Variety of Milk</p>	<p>27</p> <p>Lucky Charms Cereal Applesauce Cup Fruit Punch Variety of Milk</p>	<p>28</p> <p>Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk</p>
<p>31</p> <p>Apple Cinnamon Breakfast Bar Raisins Apple Juice Variety of Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Free Breakfast In The Classroom

Adult Price - \$ 2.50

Foodservice reserves the right to change the menu without notice

**Questions concerning the menu please contact
Keri Carlson
231-398-3695**

kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice

This institution is an equal opportunity provider