

NOV 2022

MANISTEE GREAT START FAMILIES

GREAT START COLLABORATIVE NEWSLETTER



Fun with GSC



District Health Department #10
Healthy People, Healthy Communities

WIC GIVES YOU ACCESS TO HEALTHY FOOD, NUTRITION EDUCATION AND BREASTFEEDING GUIDANCE. IF YOU'RE PREGNANT, A CAREGIVER, OR A MOM WITH A CHILD UNDER 5, YOU CAN GET THE RIGHT PERSONALIZED SUPPORT FOR YOU AND YOUR FAMILY.

CAREGIVERS WITH A LOW TO MEDIUM INCOME AND THOSE WHO ARE PART OF OTHER PROGRAMS SUCH AS FOSTER CARE, MEDICAL ASSISTANCE, OR SNAP ARE ELIGIBLE. CONTACT DHD #10 FOR MORE DETAILS - 231-723-3595, LEAVE A MESSAGE.

Stay updated on all events and join our Facebook Group!



Manistee County Great Start Families

<https://www.facebook.com/groups/manisteegreatstart>

ENSURING ALL FAMILIES HAVE A GREAT START!



Wexford-Missaukee-Manistee Counties



UPCOMING EVENTS

Indoor Playgroup

Fridays 9:30 – 11:00 am
Manistee Armory – 11th

Maple Grove Community Center –
4th & 18th

Tot Time

Tue Nov 15th 10:30 – 11:30 am

Bounce House Open Gym

Sun Nov 20th 10:00 am – 12:45 pm
PVCC – 3586 Glovers Lake Rd
Arcadia

Mark your calendar –
STEM Networking night
Dec 13th 6–8 pm

LET'S TALK ABOUT MEASUREMENTS

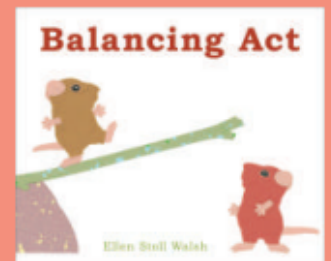
Help your child learn about the concept of measurement through temperature! Talk about the weather outside (“Is it hot outside today? Or is it chilly?”) or talk about the temperature of your food (“Is the pasta warm or cold?”)! You can also measure the temperature outside using a weather app on your phone, or even measure the temperature of your food using a thermometer!

Measure up for reading!

Balancing Act

By: Ellen Stoll Walsh

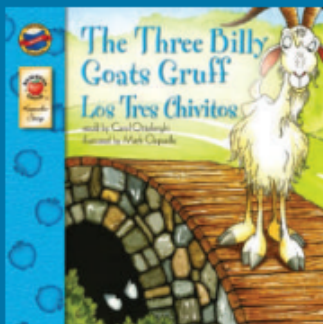
Two little mice are having fun balancing on a teeter totter. But other animals want to play, too! What will happen when a new friend jumps onto the teeter totter? Children will love talking about weight and balance while reading this colorful story.



The Three Billy Goats Gruff

By: Carol Ottolenghi

In this classic tale, three goats want to go to a meadow filled with grass. But first, they have to get past a troll who lives under the bridge! As you read, talk about the three sizes of the goats. Which goat is the smallest? Which is bigger? Which one is the biggest?



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Manistee Counties