BREAKFAST MENU - MIDDLE-HIGH SCHOOL Jan. 16-20, 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-------------------------------|-----------------------------|--------------------------------|---------------------------|
| Breakfast Student: Paid \$ 1.60 Reduced \$.30 Adult: \$2.50 | | | | |
| | | | | |
| | | HOT LINE | | |
| | Egg & Cheese Omelette | Fruit Smoothie | Sausage, Egg & Cheese Muffin | Yogurt Parfait |
| NO SCHOOL | w/ Biscuit | w/ Breakfast Bread | | w / Granola |
| PROFESSIONAL | | | | |
| DEVELOPMENT | | | | |
| | | COLD LINE | | |
| | Assorted Cereal | Assorted Cereal | Assorted Cereal | Assorted Cereal |
| | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars |
| | Uncrustable PB&J | Uncrustable PB&J | Uncrustable PB&J | Uncrustable PB&J |
| | | | | |
| | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice |
| | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| | Variety of Milk | Variety of Milk | Variety of Milk | Variety of Milk |
| 5 | Students must take at least 3 | items - one must be a minim | um of 1/2 cup fruit or vegetab | ile. |
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