



# FEBRUARY | 2023

## Jefferson & Kennedy Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 WG Belvita Bar Dried Fruit Mix Grape Juice Variety of Milk	2 Variety of Cereal Raisins Fruit Punch Variety of Milk	3 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
6 WG Cheerio Breakfast Bar Applesauce Cup Orange Juice Variety of Milk	7 Cinni Mini Banana Apple Juice Variety of Milk	8 Oatmeal Breakfast Granola Bar Apple Slices Grape Juice Variety of Milk	9 Chex Cereal Orange Sections Fruit Punch Variety of Milk	10 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
13 WG Cinnamon Toast Breakfast Bar Applesauce Cup Orange Juice Variety of Milk	14 Mini Pancakes Banana Apple Juice Variety of Milk	15 Apple Frudel Dried Fruit Mix Grape Juice Variety of Milk	16 Cheerios Grapes Fruit Punch Variety of Milk	17 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
20 WG Trix Bar Applesauce Cup Orange Juice Variety of Milk	21 Cinnamon Cream Cheese Bagel Banana Apple Juice Variety of Milk	22 WG Muffin String Cheese Apple Slices Grape Juice Variety of Milk	23 Lucky Charms Cereal Raisins Fruit Punch Variety of Milk	24 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
27 Variety WG Breakfast Bar Applesauce Cup Orange Juice Variety of Milk	28 Blueberry Waffle Banana Apple Juice Variety of Milk	1	2	3

### News

**Free Breakfast In The Classroom**

**Adult Price - \$ 2.50**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson**

**231-398-3695**

[kcarlson@manistee.org](mailto:kcarlson@manistee.org)

**Free and Reduced lunch applications may be filled out online at**

[www.lunchapp.com](http://www.lunchapp.com)

**Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice**

**This institution is an equal opportunity provider**