

MAY 2023

MANISTEE GREAT START FAMILIES

GREAT START COLLABORATIVE NEWSLETTER



Free Car Seat Safety Check



**Wonder if your car seat is safe?
Come have it inspected and
installed correctly by a certified car
seat technician. Sign up in advance
if you would like using the QR code.**

**Thur, May 18th
2:00 - 5:00 pm
StrikeTown Parking Lot**





UPCOMING EVENTS

Indoor Playgroup
Fridays 9:30 – 11:00 am
Manistee Armory

After School Park Playgroup
Mon May 8th
4:30 – 5:30 pm
Lighthouse Park

Indoor Playgroup – Kaleva
Wed May 24th
9:30 – 11:00 am
Maple Grove CC

Park Playgroups start in June!



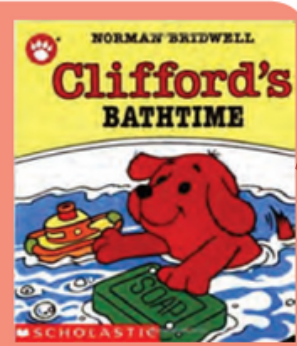
***Water Safety Event**
Sun Jun 11th
2:00 pm

LET'S TALK ABOUT HEALTHY HABITS

Come up with a "healthy habits" morning routine with your little one. Talk about all the things you can do each morning to help your body stay healthy and strong throughout the day. "We can stay healthy by brushing our teeth, eating a healthy breakfast, and moving our bodies! What other things can we do to stay healthy?"

Clifford's Bathtime
 By: Norman Bridwell

Clifford the puppy doesn't want to take a bath, but as soon as he gets in the tub, he finds out how fun bath time can be! How can you and your child have fun during bath time?



Eating Well!
 By: Jess Stockham

Did you know that both people and animals eat some of the same healthy foods, like oats, fruit, and fish? This story explores the different tastes and



flavors that children can enjoy. The book comes with interactive flaps – flip them over to find hidden pictures!