

SEPT 2023

MANISTEE GREAT START FAMILIES

GREAT START COLLABORATIVE NEWSLETTER



**WE'RE
HIRING**



**We are looking for the next
Parent Liaison for Manistee
County! It could be you!
Use the QR code for details
on the job position and how
to apply!**





UPCOMING EVENTS

Playgroup

Fridays 9:30 – 11:00 am
Rocket Park*
 may change to indoors

Story Time on the Go

Sat, Sept 16th
10:00 am
Baldy Trail Arcadia

Networking Night

Tue, Sept 26th
6:00 – 8:00 pm
Heritage Baptist Church

Car seat Safety Checks

Thur, Sept 21st
4:00 – 6:00 pm
Striketown Parking lot

LET'S TALK ABOUT CARING FOR OURSELVES

It's important to teach our little ones about caring for their physical and mental, and emotional health. Bath time is the perfect time to learn a little more about self-care! Relaxing in a nice warm bubble bath before bed is a great way to recharge, which is excellent for your mental health. During bath time, talk with your little one about how keeping our bodies clean is also essential to caring for ourselves. What are some other ways we care for ourselves inside and out?



**Wexford-Missaukee-
 Manistee Counties**



Kindness Makes Us Strong

By: Sophie Beer

Simple acts of kindness make us feel good about ourselves and others. In this joyful board book, children are shown sharing kindness in various ways...on the playground, visiting a sick friend, and saying hello. Kindness builds friendship and community and makes us strong! Also available in Spanish.