

SEPTEMBER | 2023

Jefferson & Kennedy Breakfast



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 28 WG Breakfast Bar Raisins Apple Juice Variety of Milk | 29 Cinni Mini Banana Orange Juice Variety of Milk | 30 WG Belvita Bar Applesauce Cup Grape Juice Variety of Milk | 31 RS Cinnamon Toast Crunch Cereal Dried Fruit Mix Fruit Punch Variety of Milk | 1 NO SCHOOL HOLIDAY WEEKEND! |
| 4 NO SCHOOL LABOR DAY! | 5 WG Breakfast Bar Raisins Orange Juice Variety of Milk | 6 WG Muffin String Cheese Applesauce Cup Grape Juice Variety of Milk | 7 Cheerios Dried Apple Slices Fruit Punch Variety of Milk | 8 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk |
| 11 NO SCHOOL PROFESSIONAL DEVELOPMENT! | 12 Apple Frudel Banana Orange Juice Variety of Milk | 13 Cream Cheese Bagel Applesauce Cup Grape Juice Variety of Milk | 14 RS Frosted Flakes Dried Fruit Mix Fruit Punch Variety of Milk | 15 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk |
| 18 WG Cheerio Breakfast Bar Raisins Apple Juice Variety of Milk | 19 WG Blueberry Waffle Banana Orange Juice Variety of Milk | 20 Cinni Mini Applesauce Cup Grape Juice Variety of Milk | 21 Chex Cereal Dried Apple Slices Fruit Punch Variety of Milk | 22 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk |
| 25 WG Trix Breakfast Bar Raisins Apple Juice Variety of Milk | 26 Yogurt WG Granola Banana Orange Juice Variety of Milk | 27 Mini Pancakes Applesauce Cup Grape Juice Variety of Milk | 28 Raisin Bran Cereal Dried Fruit Mix Fruit Punch Variety of Milk | 29 Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk |

News

Free Breakfast In The Classroom

Adult Price - \$ 3.00

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact
Keri Carlson
 231-398-3695
kcarlson@manistee.org

Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice!

This institution is an equal opportunity provider