

SEPTEMBER | 2023

Jefferson & Kennedy Elementary



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Chicken Tenders Baked Fries Mixed Fruit Green Beans Variety of Milk NO ALTERNATE	29 Turkey & Cheese Sub WG Goldfish Crackers Fresh Carrots & Celery Diced Pears Variety of Milk NO ALTERNATE	30 Sloppy Joe on WG Bun Baked Beans Applesauce Variety of Milk NO ALTERNATE	31 Cheese Pizza Mixed Vegetables Fresh Apple** WG Cookie Variety of Milk NO ALTERNATE	1 NO SCHOOL HOLIDAY WEEKEND
4 NO SCHOOL LABOR DAY	5 Mini Corn Dogs Seasoned Pasta Strawberries Steamed Broccoli Variety of Milk Alt: Yogurt Plate	6 Chicken Quesadilla Pineapple Tidbits Fiesta Corn Variety of Milk Alt: Hot Dog on WG Bun	7 Homemade Goulash Green Beans Sliced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets	8 Pepperoni Pizza Fresh Carrots & Broccoli Watermelon Slices Fruit Snacks Variety of Milk Alt: Deli Sandwich
11 NO SCHOOL PROFESSIONAL DEVELOPMENT	12 Soft Shelled Tacos Shredded Romaine Shredded Cheese Refried Beans Mixed Fruit Variety of Milk Alt: Yogurt Plate	13 Cheese Filled Breadsticks Pizza Dipping Sauce Asparagus** Fresh Apple Slices Variety of Milk Alt: Hot Dog on WG Bun	14 Turkey Gravy Mashed Potatoes Sliced Carrots Blueberries** WG Biscuit Variety of Milk Alt: Chicken Nuggets	15 Big Daddy's Pizza Fresh Celery & Fresh Broccoli Grapes WG Cookie Variety of Milk Alt: Deli Sandwich
18 Popcorn Chicken Potato Rounds California Blend Vegetables Mandarin Oranges Variety of Milk Alt: Cheese Pizza	19 Nacho Supreme (Corn Chips/Seasoned Beef, Cheese) Fiesta Corn Pineapple Tidbits Variety of Milk Alt: Yogurt Plate	20 Cheeseburger on WG Bun Baked Beans Fresh Banana WG Goldfish Crackers Variety of Milk Alt: Hot Dog on WG Bun	21 Homemade Macaroni & Cheese Steamed Peas Applesauce Pretzel Roll Variety of Milk Alt: Chicken Nuggets	22 Calzone Fresh Carrots & Broccoli Mixed Berry Fruit Cup WG Mini Rice Krispie Treat Variety of Milk Alt: Deli Sandwich
25 Chicken Smackers Emoji Fries Mixed Vegetables Sliced Pears Variety of Milk Alt: Cheese Pizza	26 Chicken Tacos Shredded Romaine Shredded Cheese Refried Beans Diced Peaches Variety of Milk Alt: Yogurt Plate	27 French Toast Sticks Sausage Warm Cinnamon Apple Slices** 100% Fruit Juice Variety of Milk Alt: Hot Dog on WG Bun	28 Chicken N Noodles Sliced Carrots Mixed Fruit WG Biscuit Variety of Milk Alt: Chicken Nuggets	29 Garlic Cheese Bread Fresh Celery & Broccoli Assorted Fresh Fruit Slushy Cup Variety of Milk Alt: Deli Sandwich

News

Meals are **FREE** for all students

Adult Price - \$ 5.11
Milk - \$.50

Foodservice reserves the right to change the menu without notice.

****Michigan Product**

Questions concerning the menu please contact
Keri Carlson
231-398-3695
kcarlson@manistee.org

Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce

Household Income Information forms can be completed at
www.lunchapp.com
This institution is an equal opportunity provider