

BREAKFAST MENU - MIDDLE-HIGH SCHOOL Oct. 2-6, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is FREE to all Students (1 per day) Adult: \$3.00				
HOT LINE				
Cooks Choice Breakfast	Fruit Smoothie	Apple Frudel	Sausage, Egg & Cheese Muffin	Yogurt Parfait
	w/ Breakfast Bread			w/ Granola
COLD LINE				
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J	Uncrustable PB&J
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
USDA is an equal opportunity provider and employer				