

# OCTOBER | 2023

## Jefferson & Kennedy Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

WG Apple Crunch Bar  
Raisins  
Apple Juice  
Variety of Milk

3

Cinni Mini  
Banana  
Orange Juice  
Variety of Milk

4

WG Belvita Bar  
Applesauce Cup  
Grape Juice  
Variety of Milk

5

RS Cinnamon Toast Crunch  
Dried Fruit Mix  
Fruit Punch  
Variety of Milk

6

Cooks Choice Breakfast  
Craisins  
Assorted Juice  
Variety of Milk

9

WG Cinnamon Toast Crunch Bar  
Raisins  
Apple Juice  
Variety of Milk

10

Apple Frudel  
Banana  
Orange Juice  
Variety of Milk

11

WG Muffin  
String Cheese  
Applesauce Cup  
Grape Juice  
Variety of Milk

12

Cheerios  
Dried Apple Slices  
Fruit Punch  
Variety of Milk

13

Cooks Choice Breakfast  
Craisins  
Assorted Juice  
Variety of Milk

16

WG Cheerio Bar  
Raisins  
Apple Juice  
Variety of Milk

17

WG Waffle  
Banana  
Orange Juice  
Variety of Milk

18

Cream Cheese Bagel  
Applesauce Cup  
Grape Juice  
Variety of Milk

19

RS Frosted Flakes  
Dried Fruit Mix  
Fruit Punch  
Variety of Milk

20

Cooks Choice Breakfast  
Craisins  
Assorted Juice  
Variety of Milk

23

WG Lemon Chip Bar  
Raisins  
Apple Juice  
Variety of Milk

24

4oz Yogurt  
Vanilla Grahams  
Banana  
Orange Juice  
Variety of Milk

25

Mini Pancakes  
Applesauce Cup  
Grape Juice  
Variety of Milk

26

Chex Cereal  
Dried Apple Slices  
Fruit Punch  
Variety of Milk

27

Cooks Choice Breakfast  
Craisins  
Assorted Juice  
Variety of Milk

30

WG Trix Bar  
Raisins  
Apple Juice  
Variety of Milk

31

Cherry Frudel  
Banana  
Orange Juice  
Variety of Milk

1

2

3

### News

**Free Breakfast In The Classroom**

**Adult Price - \$ 3.00**

**Foodservice reserves the right to change the menu without notice**

**Questions concerning the menu please contact**

**Keri Carlson**

**231-398-3695**

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**Students must select 3 items to be a complete breakfast. One item must be a fruit or a juice!**

**This institution is an equal opportunity provider**