MONDAY

| 1 <br> Popcorn Chicken Crinkle Cut Fries Steamed Corn Pineapple Tidbits Variety of Milk <br> Alt: Cheese Pizza | 2 Soft Shelled Tacos Shredded Romaine Shredded Cheese Fiesta Beans Mandarin Oranges Variety of Milk Alt: Yogurt Plate | 3 <br> Bosco Sticks Pizza Dipping Sauce Steamed Broccoli Applesauce Variety of Milk <br> Alt: Hot Dog on WG Bun | 4 Chicken Drumstick WG Dinner Roll Mashed Potatoes w/ Gravy Sliced Carrots Mixed Fruit Variety of Milk <br> Alt: Chicken Nuggets | 5 <br> Cooks Choice Pizza Fresh Celery / Broccoli Assorted Fresh Fruit WG Rice KrispieTreat Variety of Milk <br> Alt: Deli Sandwich |
| :---: | :---: | :---: | :---: | :---: |
| 8 Chicken Smackers Emoji Fries Green Beans Diced Pears Variety of Milk <br> Alt: Cheese Pizza | 9 Cheeseburger on WG Bun WG Goldfish Crackers Baked Beans Mixed Fruit Variety of Milk <br> Alt: Yogurt Plate | 10 <br> Sausage Egg \& Cheese Muffin 100\% Fruit Juice Cinnamon Apple Slices Variety of Milk <br> Alt: Hot Dog on WG Bun | 11 Homemade Goulash WG Garlic Toast Asparagus** Sliced Peaches Variety of Milk <br> Alt: Chicken Nuggets | 12 Big Daddy's Pizza Carrot \& Celery Sticks Assorted Fresh Fruit Fruit Snack Variety of Milk <br> Alt: Deli Sandwich |
| 15 <br> Chicken Tenders Potato Rounds Squash Applesauce Variety of Milk <br> Alt: Cheese Pizza | 16 <br> Nacho Supreme Shredded Romaine Refried Beans Pineapple Tidbits Variety of Milk <br> Alt: Yogurt Plate | 17 <br> Bosco Cheese Filled Breadsticks Pizza Dipping Sauce Steamed Broccoli Strawberries Variety of Milk <br> Alt: Hot Dog on WG Bun | 18 Turkey Gravy WG Dinner Roll Mashed Potatoes Steamed Corn Mixed Fruit Variety of Milk <br> Alt: Chicken Nuggets | Pepperoni Pizza Fresh Carrots / Broccoli Assorted Fresh Fruit WG Cookie Variety of Milk <br> Alt: Deli Sandwich |
| 22 <br> Chicken Smackers Cooks Choice Potato Steamed Asparagus** Diced Peaches Variety of Milk <br> Alt: Cheese Pizza | 23 <br> Chicken Patty on WG Bun Pretzel Twists Baked Beans Sliced Pears Variety of Milk <br> Alt: Yogurt Plate | 24 <br> French Toast Sticks Sausage Patty 100\% Fruit Juice Blueberries Variety of Milk <br> Alt: Hot Dog on WG Bun | 25 <br> Homemade Macaroni \& Cheese <br> Pretzel Roll <br> Steamed Peas <br> Applesauce <br> Variety of Milk <br> Alt: Chicken Nuggets | Pizza Pocket Celery \& Carrot Sticks Assorted Fresh Fruit Slushy Cup Variety of Milk <br> Alt: Deli Sandwich |
| ${ }^{29}$ Cooks Choice Chicken Baked Fries California Blend Vegetables Mixed Fruit Variety of Milk <br> Alt: Cheese Pizza | 30 Chicken Quesadilla <br> Black Bean Salsa Fiesta Corn Mandarin Oranges Variety of Milk <br> Alt: Yogurt Plate | 1 | 2 | 3 |

## News

Meals are FREE for all students

Adult Price - \$ 5.11 Milk - \$ . 50

Foodservice reserves the right to change the menu without notice.
**Michigan Product

Questions concerning the menu please contact Keri Carlson 231-398-3695
kcarlson@manistee.org
Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce

Household Income
Information forms can be completed at
www.lunchapp.com
This institution is an equal opportunity provider

