## OCTOBER 2024

## Jefferson & Kennedy Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 WG Belvita Bar Applesauce Cup Orange Juice Variety of Milk	Apple Frudel Raisins Grape Juice Varity of Milk	Cheerios Dried Apple Slices Fruit Punch Variety of Milk	4  Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
7 WG Cinnamon Toast Crunch Bar Raisins Apple Juice Varity of Milk	Mini Pancakes Applesauce Cup Orange Juice Variety of Milk	9 Cream Cheese Bagel Banana Grape Juice Variety of Milk	Chex Cereal Dried Mixed Fruit Fruit Punch Variety of Milk	11  Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
Cocoa Cherry Breakfast Bar Raisins Apple Juice Variety of Milk	Cinni Mini Applesauce Cup Orange Juice Variety of Milk	Cosmic Confetti Waffle Banana Grape Juice Variety of Milk	RS Cinnamon Toast Crunch Cereal Dried Apple Slices Fruit Punch Variety of Milk	Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
WG Apple Crunch Bar Raisins Apple Juice Variety of Milk	WG Muffin String Cheese Applesauce Cup Orange Juice Variety of Milk	23  Carmel Mini Roll  Banana  Grape Juice  Variety of Milk	RS Cocoa Puffs Dried Mixed Fruit Fruit Punch Variety of Milk	25  Cooks Choice Breakfast Craisins Assorted Juice Variety of Milk
28  WG Breakfast Oatmeal Round Raisins Apple Juice Variety of Milk	Hard Boiled Egg WG Breakfast Cracker Applesauce Cup Orange Juice Variety of Milk	Mini Pancakes Banana Grape Juice Variety of Milk	Lucky Charms Dried Apple Slices Fruit Punch Variety of Milk	1

## <u>News</u>

Free Breakfast In The Classroom

Adult Price - \$ 3.05

Foodservice reserves the right to change the menu without notice

Questions concerning the menu please contact Keri Carlson 231-398-3695

kcarlson@manistee.org

Free and Reduced lunch applications may be filled out online at

www.lunchapp.com

Students must select 3
items to be a complete
breakfast. One item must
be a fruit or a juice

This institution is an equal opportunity provider