

OCTOBER | 2024

Jefferson & Kennedy Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>1 Soft Shelled Tacos Shredded Romaine / Shredded Cheese Refried Beans Mandarin Oranges Variety of Milk Alt: Yogurt Plate</p>	<p>2 Bosco Cheese Breadsticks Pizza Dipping Sauce Steamed Broccoli Mixed Fruit Variety of Milk Alt: Hot Dog on WG Bun</p>	<p>3 Italian Spaghetti Romain / Spinach Salad Sliced Peaches WG Garlic Toast Variety of Milk Alt: Chicken Nuggets</p>	<p>4 Big Daddy's Pizza Fresh Baby Carrots / Celery Sticks Assorted Fresh Fruit WG Rice Krispie Treat Variety of Milk Alt: Deli Sandwich</p>
<p>7 Popcorn Chicken Potato Rounds Green Beans Mixed Fruit Variety of Milk Alt: Cheese Pizza</p>	<p>8 Cheeseburger Goldfish Crackers Baked Beans Applesauce Variety of Milk Alt: Yogurt Plate</p>	<p>9 Garlic Cheese Bread Cooks Choice Vegetables Blueberries Variety of Milk Alt: Hot Dog on WG Bun</p>	<p>10 ½ Day Sack Lunch Available</p>	<p>11 ½ Day Sack Lunch Available</p>
<p>14 Chicken Tenders Baked Fries Asparagus Pineapple Tidbits Variety of Milk Alt: Cheese Pizza</p>	<p>15 Nacho Supreme Shredded Romaine Fiesta Beans Mixed Fruit Variety of Milk Alt: Yogurt Plate</p>	<p>16 French Toast Sticks Sausage 100% Fruit Juice Warm Apple Slices Variety of Milk Alt: Hot Dog on WG Bun</p>	<p>17 Turkey Gravy Mashed Potatoes Steamed Carrots Diced Peaches WG Biscuit Variety of Milk Alt: Chicken Nuggets</p>	<p>18 Pepperoni Calzone Fresh Carrot Sticks / Cauliflower Assorted Fresh Fruit 100% Juice Slushy Cup Variety of Milk Alt: Deli Sandwich</p>
<p>21 Chicken Smackers Emoji Fries Steamed Corn Diced Pears Variety of Milk Alt: Cheese Pizza</p>	<p>22 Mini Corn Dogs Seasoned Pasta Steamed Broccoli Strawberries Variety of Milk Alt: Yogurt Plate</p>	<p>23 Grilled Cheese Sandwich Pretzel Twists Baked Beans Applesauce Variety of Milk Alt: Hot Dog on WG Bun</p>	<p>24 Homemade Goulash Romaine / Spinach Salad Mixed Fruit WG Garlic Toast Variety of Milk Alt: Chicken Nuggets</p>	<p>25 Cheese Personal Pizza Fresh Carrots & Broccoli Assorted Fresh Fruit Fruit Snack Variety of Milk Alt: Deli Sandwich</p>
<p>28 Chicken Patty on WG Bun Crinkle Cut Fries Baked Beans Sliced Peaches Variety of Milk Alt: Cheese Pizza</p>	<p>29 Chicken Quesadilla Salsa Fiesta Corn Pineapple Tidbits Variety of Milk Alt: Yogurt Plate</p>	<p>30 Sausage Egg & Cheese Muffin Hashbrown Patty Applesauce Variety of Milk Alt: Hot Dog on WG Bun</p>	<p>31 Batty Shaped Chicken Nuggets Monster Mashed Potatoes Boo Blueberries Hocus Pocus WG Roll Variety of Milk Alt: Cheese Pizza</p>	<p>1</p>

News

Meals are **FREE** for all students

Adult Price - \$ 5.15
Milk - \$.50

Foodservice reserves the right to change the menu without notice.

****Michigan Product**

Questions concerning the menu please contact

Keri Carlson

231-398-3695

kcarlson@manistee.org

**Condiments may include:
Low Fat/RC Ranch, RF French, Mustard, Ketchup, Relish, Tartar Sauce, or BBQ Sauce**

Household Income Information forms can be completed at www.lunchapp.com

This institution is an equal opportunity provider