

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

December 2nd - 6th

MAIN ENTREE

Yogurt Parfait w/WG
Blueberry Bread

Stuffed Bagel - Cinnamon

Lemon Bread w/ Strawberry
Topping

Cosmin Confetti Waffle

Sausage, Egg & Cheese Muffin

GRAB N GO

Assorted Cereal

Assorted Cereal

Assorted Cereal

Assorted Cereal

Assorted Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Uncrustable PB & J - Grape

Uncrustable PB& J - Strawberry

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

USDA is an equal opportunity provider and employer

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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December 9th - 13th

MAIN ENTREE

Yogurt Parfait w/WG Blueberry Bread	Stuffed Bagel - Strawberry	Breakfast Burrito	Apple Cinnamon Texas Toast	Donut Ring

GRAB N GO

Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
	Uncrustable PB & J - Grape		Uncrustable PB& J - Strawberry	
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

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BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 16th - 20th				
MAIN ENTREE				
Yogurt Parfait w/WG Blueberry Bread	Warm Caramel Cinnamon Roll	French Toast Bites	Blueberry Pancakes	Sausage, Egg & Cheese Muffin
GRAB N GO				
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
	Uncrustable PB & J - Grape		Uncrustable PB& J - Strawberry	
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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