

# MMHS LUNCH MENU FOR WEEK OF: January 6th - 10th

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
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## DAILY SPECIALS

**PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE**

Sloppy Joe on a Bun	Walking Taco - Chips, Beef, Cheese * With Toppings *	French Toast with Sausage Patty Hashbrown	Homemade Mac N Cheese w/ Garlic Breadstick	Pizza Rippers
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a Bun	Chicken Nuggets w/ a Roll
Potato Wedges				Sweet Potato Fries

## COLD GRAB & GO

Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal
Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate
Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

## HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Cheeseburger	Crispy/Grilled Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey and Cheese Croissant	Ham & Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

## AVAILABLE FRUITS AND VEGETABLES

Baked Beans & Coleslaw	Fiesta Beans	Broccoli & Cauliflower	Peas & Carrots	Sliced Cucumbers and Baby Carrots
Strawberries	Pineapple Tidbits	Cinnamon Apples	Mixed Fruit Cup & Banana	Applesauce & Fresh Pears

All lunches include the following: Choice of Entrée; Hot Vegetable, Fresh Fruit & Veggie Bar and a Variety of Milk. Students are required to take at least 3 items - one must be a 1/2 Cup Fruit or Vegetable

Fresh fruit and Vegetable Bar May Include: Romaine Blend w/Spinach Salad, Fresh Veggies, Steamed Veggies, Fresh or Canned Fruit, Low Fat Dressings, Mustard, BBQ Sauce, Low Sodium Ketchup, Relish or Tartar Sauce.

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Student Lunch - Free (1 per day) / Adult Lunch: \$5.15

# MMHS LUNCH MENU FOR WEEK OF: January 13th - 17th

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
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## DAILY SPECIALS

**PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE**

Mini Corndogs	(3) Mini Cheese Quesadillas	Orange Chicken w/Fried Rice	The Bowl - Mashed Potatoes, Chicken Chunks, Corn, Gravy	Pizza Crunchers
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a Bun	Chicken Nuggets with a Roll
Tater Tots		Udon Noodle Salad		Roasted Redskin Potatoes

## COLD GRAB & GO

Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal
Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate
Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

## HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Cheeseburger	Crispy/Grilled Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey & Cheese Croissant	Ham and Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

## AVAILABLE FRUITS AND VEGETABLES

Sliced Cucumbers & Broccoli	Salsa Cup & Steamed Corn	Oriental Veggies	Fresh Broccoli and Celery	Green Beans
Fresh Apple Or Orange	Pineapple Tidbits & Sliced Watermelon	Strawberries & Blueberries	Mixed Fruit Cup & Banana	Fresh Fruit

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Student Lunch - Free (1 per day) / Adult Lunch: \$5.15

# MMHS LUNCH MENU FOR WEEK OF: December 20th - 24th

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## DAILY SPECIALS

**PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE**

NO SCHOOL

Soft Beef Taco

WING IT Wednesday

Pulled Pork Sandwich

(3) Mini Calzonettes

\* With Toppings \*

(5) Bone in Chicken wings w/ Roll

Taco Stick

French Bread Pizza

Hotdog on a Bun

Chicken Nuggets w/ a Roll

Cheesy Potatoes

## COLD GRAB & GO

Grab n Go Charcuterie

Grab n Go Uncrustable Meal

Grab n Go Charcuterie

Grab n Go Uncrustable Meal

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Salad

Grab N Go Salad

Grab N Go Salad

Grab N Go Salad

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

## HOT GRAB & GO

Chicken Tenders w/ Garlic Breadstick

Chicken Flatbread Sandwich

Cheeseburger

Crispy/Grilled Chicken Sandwich

Ham & Cheese Croissant

Chef's Choice Wrap

Turkey & Cheese Croissant

Ham and Cheese Sub

Calzone

Bosco Sticks w/ Sauce

Calzone

Bosco Sticks w/ Sauce

## AVAILABLE FRUITS AND VEGETABLES

Refried Beans & Corn

Baby Carrots and Celery

Baked Beans

Fresh Broccoli

Pineapple Tidbits & Applesauce

Strawberries & Blueberries

Spiced Apples & Melon

Mixed Fruit Cup & Banana

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Student Lunch - Free (1 per day) / Adult Lunch: \$5.15

# MMHS LUNCH MENU FOR WEEK OF: January 27th - 31st

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## DAILY SPECIALS

**PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE**

	Chicken & Waffles (2 tenders, WG waffle, Syrup available)	Teriyaki Dippers (4) & Fried Rice	Chicken Drumstick w/ Cornbread loaf	Lasagna Rollup w/ Texas Toast
Chicken Smackers w/Garlic Breadstick				
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a bun	Chicken Nuggets w/ a roll
Sidewinder Fries	Roasted Sweet Potatoes	Udon Noodle Salad	Redskin Potatoes	WG Cookie

## COLD GRAB & GO

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Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

## HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Cheeseburger	Crispy/Grilled Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey & Cheese Croissant	Ham and Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

## AVAILABLE FRUITS AND VEGETABLES

Sliced Cucumbers	Refried Beans & Corn	Stir fry Vegetables	Broccoli & Cauliflower	Green Beans
Fresh Apple OR Orange	Pineapple Tidbits & Applesauce	Strawberries & Blueberries	Spiced Apples & Melon	Mixed Fruit Cup & Banana

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