January 29th, 2025 MANISTEE HIGH SCHOOL NEWS

Vol 2 Issue 1

THE MAGIC OF SNOW DAYS!

Written by Audrey Huizinga

Snow days are one of the best parts of being at school in Michigan. When you get that call from Mr. Stoneman, it fills you up with joy because there is no school the next day! When having snow days, you can fill your day up with things you might not have been able to do because you would have been in school. Here are some things that your fellow classmates did throughout the many snow days!



Lillian Hernden (12) went sledding



Leia Gilliland (10) went to Crystal Mountain

STUDENT LIFE

Ava Sieslski (9) hung with friends!







Cady Brown (12) started diamond art!

Sylis Patterson (12) made a bead purse!

TIPS FOR DRIVING ON THE BRUTAL ICY ROADS!

Written by Piper Eskridge

Before hitting icy roads, ensure your vehicle has winter tires or chains for improved traction. Check that your brakes, battery, wipers, and lights are in top condition. Keep your fuel tank at least half full to prevent freezing in the fuel lines. Next, slow down. Reduced speed gives you more time to react on slippery surfaces. Increase your following distance to at least six seconds to allow ample stopping time. Avoid sudden movements, as sharp turns or abrupt braking can cause skidding. Accelerate, brake, and steer gently. If your vehicle starts to skid, stay calm. For rear-wheel skids, steer in the direction you want the front of your car to go. For front-wheel skids, ease off the accelerator and allow your tires to regain traction before steering. Also, ensure your windows and mirrors

are free of ice and snow. Use your headlights,

even during the day, to improve visibility for yourself and others. Be sure to carry a winter survival kit, including blankets, a flashlight, extra clothing, snacks, water, and a shovel. By staying alert, preparing in advance, and driving cautiously, you can navigate icy roads safely and reduce the risk of accidents.



BEYOND THE FIELD

STUDENT-ATHLETE INTERVIEW:



FEATURING... OLIVER HOLTGREN

Written by Gabby Senters

Our sports program here at MHS is a great way to make new friends. Oliver is one of the students in our sports program. Don't be afraid to start a conversation with him. If you want to learn more about our classmate Oliver, read the interview below:

What number are you?

• I am #8 in soccer.

What sport(s) do you play?

 Soccer (captain), Swim (captain), Quiz Bowl (captain)

What got you interested in sports?

 Family! My family got me into soccer when I was 3 years old, and I started swimming in elementary.





What are some of your favorite hobbies outside of sports?

 Hiking, fishing, board games, and I'm in a band (Costal Avenue with Trevor Hagg and Luke Senters)

What do you want your future career to be?

 I'm undecided but attending college as a history and science major.

What are the challenges you encountered when being a student-athlete?

 Finding time to balance my schedule with homework, and friends. It is also mentally draining at times.

STUDENT LIFE CONTINUTED

Written by Alayna Edmondson

ETICAT SCHOOL

One of his cats named Leo!

What is your favorite season?

My favorite season is summer - I
was born at the end of June, so I
have fond memories of my
birthday. It also helped that we
lived on a lake, so I really enjoyed
my time swimming, going tubing,
and when I was a teenager, going
on the Jet Ski!

STAFF OF THE WEEK:

MR. RENS

Each week we interview a new staff member so you can get to know them a little bit more! This week we chose Mr. Rens.

How long have you been teaching?

 I taught one year before this down in Grand Rapids, so this is my second year!

Where are you from?

 I am from Comstock Park, just north of Grand Rapids (home of the Whitecaps minor league baseball team!)

What is your favorite type of candy?

 My favorite type of candy is Reese's Peanut Butter Cups!



What were some of your favorite hobbies growing up versus now?

• Some of my favorite hobbies growing up included playing video games, board games with family, writing, and reading. I grew up on a lake, so I also really enjoyed swimming, tubing, and jet skiing! Some of my favorite games right now include Valorant, Risk of Rain 2, Slay the Spire, and Stardew Valley. Bookwise, I've been reading a lot of fantasy, like Brandon Sanderson!

SENIOR SPOTLIGHT: MASON ROBINSON

Written by Aubrey Rischel

Each week, we select a boy and a girl in the senior class to answer some questions about themselves so that we can all get to know them just a little bit better. This week, we selected Mason Robinson and Reese Shively!

If you could give advice to incoming freshmen, what would it be?

 Get involved with as many sports and activities as possible. And don't stress over small things like test or quiz scores.

What do you think you'll miss most about high school?

 I will miss seeing my friends and teachers. But most importantly I will miss the mac-n-cheese for lunch.

What are your plans after graduation? College, work, gap year, or something else?

Attend college





What excites you most about the future?

 I am really excited to travel as much as possible

What's your favorite day of the week and why?

 My favorite day of the week is Friday because I like having the whole weekend ahead of me. And school is usually fun on Fridays.

SENIOR SPOTLIGHT: REESE SHIVELY

Written by Aubrey Rischel



How have you grown as a person over your high school years?

 As I've gotten older I've really developed into my own person. The first few years of high school I was always following my older friends, but once I became the upperclassman myself, I began to really evolve into my own character.

If you could give advice to incoming freshmen, what would it be?

 Try everything. Figure out the things you want to be involved in, I regret not ever joining theatre.

What do you think you'll miss most about high school?

• Being late every day

What are your plans after graduation? College, work, gap year, or something else?

 I plan to attend MSU and study human biology.

What excites you most about the future?

 I'm super excited to meet new people and really start my own life.



What's your favorite high school tradition or event(s)?

My favorite high school event is powderpuff football. It's always so fun.



On Saturday, January 11th, Manistee hosted their first powerlifting meet of the year. Over 270 athletes competed, including boys, girls, and JV and Varsity athletes. 25 schools attended the meet, including schools in our conference, like Ludington, Hart, Orchard View, and Whitehall, as well as other non-conference schools like Davison, Lake City, Kingsley, Farwell, and Grayling.

Members of the Manistee Powerlifting team have been training hard to work up to this first meet. Listed below are the Mariner athletes and their successes:

Aubrey Nickleson (11) 5th place in the 181W River Blair (11) 1st place in the SHW W Nolan Freeman (9) 1st place in the 123 men's jv Xavier Goodspeed (9) 1st in the 220 men's jv Maxwell Nottingham (12) 1st in the men's varsity 114 Braden Banicki (11) 7th in the men's varsity 181 Steven Driver (11) 3rd in the men's varsity 181 William Hambre (12) 7th in the men's varsity 194 Landin Sowa (11) 7th in the men's varsity 220 Jacob Lee (11) 3rd in the men's varsity SHW

Max Nottingham (12), who excelled in his weight class, said, "I think it's great to find someone to compete with, even if it's not for the same team. It's a great opportunity to challenge and better yourself." Additionally, Landin Sowa (11) stated, "for what we had numbers-wise, we did well as a team. The work we've been putting in in the weight room paid off."

SPORTS CONTINUED

POWERLIFTING CONT...

Hosting a powerlifting meet is not a small task. Many different stations and tables need to be thoroughly run and looked after to ensure that everything runs smoothly. Over 60 people came together on the 11th to help the Manistee Mariners successfully run this meet. **Coach Kaminski** expresses his gratitude by recognizing all the volunteers: "You have from middle schoolers to



high schoolers, to former players and lifters that come back, as well as community members that donate their time to make an event like this happen." Truly, large meets don't happen without volunteers, friends, family, or community members. A big thank you to all who helped out with the meet! If you see any of the athletes in the hallway, congratulate them on their successes!

GRAD BASH FUNDRAISER!

Written by Kate Somsel

Thursday, January 30th, grad bash is hosting a fundraiser at Pizza Hut!

A portion of the sales will contribute to the Class of 2025!

Show up and support!

Throughout the week, there are also baked goods for sale at Pizza Hut!

SPORTS CONTINUED

VICTORIES OVER THE CARDINALS!

Written by Alayna Edmondson

Over the past Friday, January 24, all four high school basketball teams played the Orchard View Cardinals. The JV teams traveled to Muskegon, whereas OV traveled to the Mariner Gym for varsity games. Sadly, the JV girls lost by 3 to OV after leading the whole game. Natalie Mannon (9) led the team with 10 points! Lena Herberger (11) said, "It was a close game that we should've won, but our hearts and our brains weren't in it!". The boys JV won 49-44, with Wyatt Protasiewicz (10) leading the team with 14 points.



For the varsity teams, they both won over OV. The girls won 54-20, with Lindsey Gardner (11) leading the team in points with 13. Alayna Edmondson (11) led the team with assists, ten, and steals, nine. Hattie Driver (9) contributed seven rebounds. The Varsity boys won 55-35, with Kaden Kott (12) leading with 22 points and four assists. Braylen Zimmerman (11) contributed five steals, and Landin Sowa (11) added ten.

The boys play home this Tuesday and Friday, and the girl's next home game is

February 4th.



MAT MADNESS: WRESTLING

Written by Hailey Johnson

On January 11th, the Mariner's wrestling team sent six girls to a girls-only tournament at Northview High School. Schools were being represented from all over Michigan. Sadly, two girls were injured and unable to continue after their first match. Three of the Lady Mariners made it to the finals.

Hailey Johnson (12) won her first two matches with one pin and one tech fall. She then wrestled in the finals for first place, where she was defeated and placed second. Two-time state qualifier Ava Pike (12) went 3-2 on the day, including a tech fall and pin, earning her a fourth-place finish. First-year wrestler Faith Fessenden (10) had an impressive performance, going 2-2 on the day and earning a fourth-place finish.





The Mariners wrestling team will be at Whitehall this
Wednesday for a dual meet. The girls are also getting ready for their next girl's tournament on February 2nd in Midland, while the boys are at Fremont for the conference tournament the day before. If you pass any Manistee wrestlers in the hall, wish them luck at their upcoming meets and tournaments!

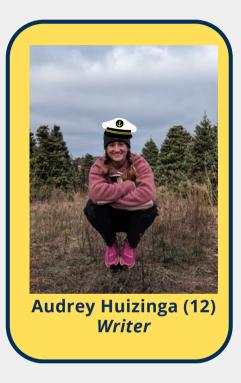


STAFF



















GUEST WRITER

If you are interested in writing, email Kate Somsel or Mr. Q!



