

MMHS LUNCH MENU FOR WEEK OF: February 3rd - 7th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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DAILY SPECIALS

PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE

Sloppy Joe on a Bun	Walking Taco - Chips, Beef, Cheese * With Toppings *	French Toast with Sausage Patty & Hashbrown	Homemade Mac N Cheese w/ Garlic Breadstick	Pizza Rippers
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a Bun	Chicken Nuggets w/ a Roll
Potato Wedges				Sweet Potato Fries

COLD GRAB & GO

Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal
Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate
Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Bacon Cheeseburger	Crispy Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey and Cheese Croissant	Ham & Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

AVAILABLE FRUITS AND VEGETABLES

Baked Beans & Coleslaw	Fiesta Beans & Sliced Peppers & Onions	Broccoli & Cauliflower	Peas & Carrots	Sliced Cucumbers and Baby Carrots
Strawberries & Blueberries	Pineapple Tidbits & Applesauce	Cinnamon Apples & Melon	Mixed Fruit Cup & Banana	Applesauce & Fresh Pears

All lunches include the following: Choice of Entrée; Hot Vegetable, Fresh Fruit & Veggie Bar and a Variety of Milk. Students are required to take at least 3 items - one must be a 1/2 Cup Fruit or Vegetable

Fresh fruit and Vegetable Bar May Include: Romaine Blend w/Spinach Salad, Fresh Veggies, Steamed Veggies, Fresh or Canned Fruit, Low Fat Dressings, Mustard, BBQ Sauce, Low Sodium Ketchup, Relish or Tartar Sauce.

MMHS LUNCH MENU FOR WEEK OF: February 10th -14th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY - HAPPY VALENTINE'S DAY ❤️
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DAILY SPECIALS

PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE

Mini Corndogs	Soft Beef Taco * With Toppings*	Orange Chicken w/Fried Rice	The Bowl - Mashed Potatoes, Chicken Chunks, Corn, Gravy	Pizza Crunchers
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a Bun	Chicken Nuggets with a Roll
Tater Tots		Udon Noodle Salad		Roasted Redskin Potatoes

COLD GRAB & GO

Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal	Grab n Go Charcuterie	Grab n Go Uncrustable Meal
Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate
Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Bacon Cheeseburger	Crispy Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey & Cheese Croissant	Ham and Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

AVAILABLE FRUITS AND VEGETABLES

Cauliflower & Broccoli	Salsa Cup & Steamed Corn	Oriental Veggies	Green Beans	CUTE-cumbers
Fresh Apple Or Orange	Pineapple Tidbits & Sliced Watermelon	Applesauce & Diced Pears	Sliced Peaches & Banana	Berry Medley

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Fresh fruit and Vegetable Bar May Include: Romaine Blend w/Spinach Salad, Fresh Veggies, Steamed Veggies, Fresh or Canned Fruit, Low Fat Dressings, Mustard, BBQ Sauce, Low Sodium Ketchup, Relish or Tartar Sauce.

MMHS LUNCH MENU FOR WEEK OF: February 17th -21st

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY SPECIALS

PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE

Chicken & Noodles w/
A Biscuit

Nacho Supreme - Beef, Cheese sauce &
Chips

WING IT Wednesday

Pulled Pork Sandwich

(3) Mini Calzonettes

(5) Bone in Chicken wings w/ Roll

Big Daddy's Pizza

Taco Stick

French Bread Pizza

Hotdog on a Bun

Chicken Nuggets w/ a Roll

Potato Salad

French fries

COLD GRAB & GO

Grab n Go Charcuterie

Grab n Go Charcuterie

Grab n Go Uncrustable Meal

Grab n Go Charcuterie

Grab n Go Uncrustable Meal

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Yogurt Plate

Grab N Go Salad

Grab N Go Salad

Grab N Go Salad

Grab N Go Salad

Grab N Go Salad

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

Grab N Go Chips and Cheese

HOT GRAB & GO

Spicy Chicken Sandwich

Chicken Tenders w/
Garlic Breadstick

Chicken Flatbread Sandwich

Bacon Cheeseburger

Crispy Chicken Sandwich

Turkey and Cheese Sub

Ham & Cheese Croissant

Chef's Choice Wrap

Turkey & Cheese Croissant

Ham and Cheese Sub

Bosco Sticks w/ Sauce

Calzone

Bosco Sticks w/ Sauce

Calzone

Bosco Sticks w/ Sauce

AVAILABLE FRUITS AND VEGETABLES

Broccoli & Cauliflower

Fiesta Beans & Sliced
Peppers & Onions

Baby Carrots and Celery

Baked Beans

Sliced Cucumbers & Green Beans

Pineapple Tidbits & Applesauce

Strawberries & Blueberries

Spiced Apples & Melon

Mixed Fruit Cup & Banana

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a 1/2 Cup Fruit or Vegetable

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MMHS LUNCH MENU FOR WEEK OF: February 24th - 28th

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY SPECIALS

PLEASE NOTE - ALL STUDENTS WILL BE REQUIRED TO TAKE A SERVING OF FRUIT OR VEGETABLE

Philly Cheesesteak sandwich	Chicken & Waffles (2 tenders, WG waffle, Syrup available)	Teriyaki Dippers (4) & Fried Rice	Chicken Drumstick w/ Cornbread loaf	Lasagna Rollup w/ Texas Toast
Big Daddy's Pizza	Taco Stick	French Bread Pizza	Hotdog on a bun	Chicken Nuggets w/ a roll
Sidewinder Fries	Roasted Sweet Potatoes	Udon Noodle Salad		WG Cookie

COLD GRAB & GO

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Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate	Grab N Go Yogurt Plate
Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad	Grab N Go Salad
Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese	Grab N Go Chips and Cheese

HOT GRAB & GO

Spicy Chicken Sandwich	Chicken Tenders w/ Garlic Breadstick	Chicken Flatbread Sandwich	Cheeseburger	Crispy/Grilled Chicken Sandwich
Turkey and Cheese Sub	Ham & Cheese Croissant	Chef's Choice Wrap	Turkey & Cheese Croissant	Ham and Cheese Sub
Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce	Calzone	Bosco Sticks w/ Sauce

AVAILABLE FRUITS AND VEGETABLES

Broccoli & Cauliflower	Refried Beans & Corn	Stir fry Vegetables	Roasted Vegetables	Sliced Cucumbers & Green Beans
Fresh Apple OR Orange	Pineapple Tidbits & Applesauce	Strawberries & Blueberries	Spiced Apples & Melon	Mixed Fruit Cup & Banana

All lunches include the following: Choice of Entrée; Hot Vegetable, Fresh Fruit & Veggie Bar and a Variety of Milk. Students are required to take at least 3 items - one must be a 1/2 Cup Fruit or Vegetable

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