March 12th, 2025 MANISTEE HIGH SCHOOL NEWS

Vol 2 Issue 4

SPRINGING FORWARD!

Written by Piper Eskridge

As winter fades and spring approaches, many people across the United States and other parts of the world prepare to "spring forward" for Daylight Saving Time (DST). This annual event occurs on the second Sunday of March when clocks are set forward by one hour at 2:00 AM local time. In 2025, this means the shift will take place on March 9th, giving us longer daylight hours in the evening.



The primary purpose of Daylight Saving Time is to make better use of natural daylight during the warmer months. By shifting an hour of daylight from the morning to the evening, people can enjoy extended daylight after work or school, leading to increased outdoor activities and potential energy savings. However, the time change can disrupt sleep schedules, leaving some people feeling groggy for a few days as their bodies adjust.

STUDENT LIFE

To make the transition smoother, experts recommend gradually adjusting sleep schedules a few days in advance, getting plenty of sunlight in the morning, and maintaining a consistent bedtime. Whether you love or loathe the time change, "springing forward" signals that warmer days and longer evenings are just around the corner!



DISTRICT BAND FESTIVAL!

Written by Hailey Johnson

MSBOA District 1 Band & Orchestra Festival Judge Final School Reading unistee Middle chool 7th Grade Band Srethren Middle School Band lifethren High School Band III nistee Middle school F Grade Band anistee High School

All participating MMHS bands (7th, 8th, and High School Symphonic Band) hosted a district band festival on Friday, March 7th. Band festival is where local band groups (can be both middle school and high school) perform and get evaluated/feedback on their performance. All MMHS participating bands received 1's, which is the highest ranking you can get. They played "Freedom City" by Karl L. King, "Abracadabra" by Frank Ticheli, and "Avenger" by Rob Grice.

Senior band member **Isabelle Stansell** expressed her opinion on band, saying, "I have really enjoyed participating in band because it is a talent you can have for the rest of your life! It's really fun to play these complex songs that only have a certain tone or meaning from the way it is played." Overall, congratulations to all band members for all their hard work and dedication!

STUDENT LIFE CONTINUTED

2024 GOODREADS CHOICE AWARDS!

In the last edition, I asked students what their favorite book was. They all had book favorites that were all over the genres of books. Goodreads is a website that tracks what books people read. At the end of each year, they have all users vote to see what top book in each genre. Here are some of the winners of the 2024 Goodreads Choice awards!

<u>Romantasy</u> - House of Flame and Shadow (122,895)

<u>Fiction</u> - *The Wedding People* (94,733)

<u>Science Fiction</u> - *The Ministry of Time* (78,459)

<u>Historical Fiction</u> - *The Women* (253,147)

<u>Debut Novels</u> - *How to End a Love Story* (63,605)

Nonfiction - *The Anxious Generation* (39,553)



SHREK THE MUSICAL!

Written by Kate Somsel

This year, the Manistee Theatre chose to put on Shrek for their spring musical! The showing dates are:

Friday (3/14) @7
Saturday (3/15) @2 and @7
Sunday (3/16) @2

Tickets are <u>\$10 or \$15</u>, depending on seats!

Show up and support your peers as they put on their hardworking production!



BEYOND THE COURT

STUDENT ATHLETE INTERVIEW:



FEATURING... MADDY WAYWARD

Written by Gabby Senters

Our sports program here at MHS is a great way to make new friends. Maddy is one of the students in our sports program. Don't be afraid to start a conversation with her. If you want to learn more about our classmate Maddy, read the interview below:

What sport(s) do you play?

• I play volleyball, basketball, and track.

What got you interested in sports?

 My sisters inspired me to play sports at a young age.

What is your favorite sport to watch/play?

 My favorite sport to play is track, and I enjoy watching volleyball.

Do you plan on playing sports in college?

 I hope to continue playing track collegiately.





What do you want your future career to be?

 I would like to go into something in fisheries, specializing in water quality.

What are the challenges you encountered when being a student-athlete?

 Time management (doing homework) is a struggle.

What are some of your favorite hobbies?

 I like to hang out with friends, hunt, and fish.

STUDENT LIFE CONTINUTED

STAFF OF THE WEEK: MS.POORTVLIET

Written by Alayna Edmondson

Staff spotlight is an easy way to learn more about the new and old faces around the school. For each one, we share a few facts about one staff member. This week it is Ms.Poortvliet. Ms.Poortvliet teaches biology and physics.

Question 1: How long have you been teaching?

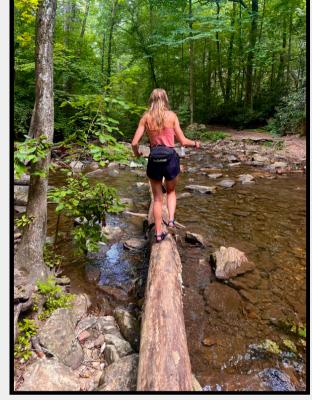
• This is my 3rd year!

Question 2: Where are you from?

• I grew up in Bitely, MI

Question 3: What is your favorite food?

 Tough one... Either some sort of pasta or any type of fruit.





Question 4: What is your favorite activity to do?

 I love exploring nature, soaking up the sunshine!

Question 5: If you won the lottery, what is the first thing you would buy?

A nice house and a dog.

SENIOR SPOTLIGHT: KATE SOMSEL

Written by Aubrey Rischel

Each week, we select a boy and a girl in the senior class to answer some questions about themselves so that we can all get to know them just a little bit better. This week, we selected Kate Somsel and Alix Martzolff!

What are your plans after highschool?

I plan to go to Grand Valley State
 University to study speech therapy.

What activities have you been involved in at MMHS?

 I play basketball and soccer, and ran cross country in the fall. I'm also in NHS and student council.

What do you think you'll miss most about high school?

The sports and seeing my friends.





If you could give advice to incoming freshmen, what would it be?

 Do your work right when it's assigned to be done with itprocrastinating isn't worth it. Don't be scared to ask questions or for help in school and sports.

What excites you most about the future?

 Going to college where I'll meet new people and make new friends. And to learn about things that interest me.

What's your favorite high school tradition or event(s)?

 Definitely homecoming week and assemblies and just playing sports.

SENIOR SPOTLIGHT: ALIX MARTZOLFF

Written by Aubrey Rischel



Do you have any extracurricular activities or hobbies you'd like to share?

 I'm joining track this year, and I did play chess on the esports team

If you could give advice to incoming freshmen, what would it be?

 Join an extracurricular activity where you'll make more friends

What do you think you'll miss most about high school?

 Being around so many people

How have you grown as a person over your high school years?

I would say I've matured and really grown into the things I like to do.

What are your plans after graduation? College, work, gap year, or something else?

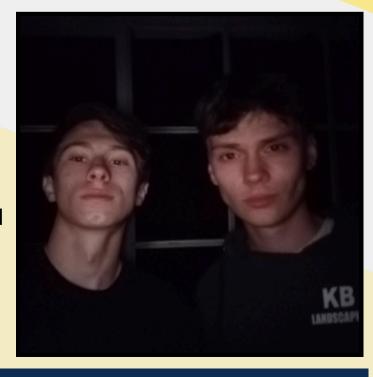
 I'm planning on going to college for a field in physics

What excites you most about the future?

 Getting to learn more in college and meet more people.

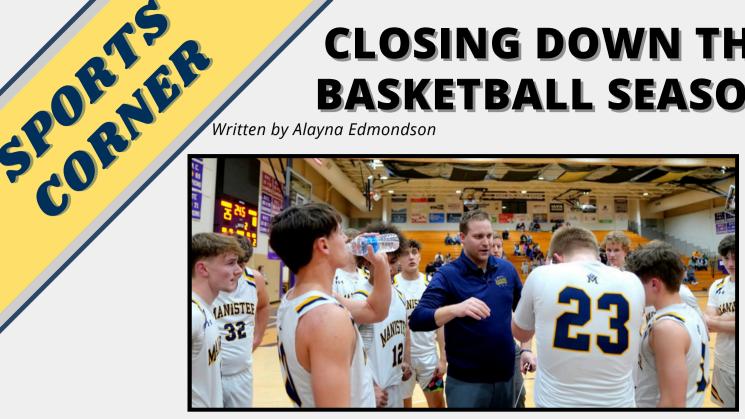
What's your favorite high school tradition or event(s)?

The bonfire definitely.



CLOSING DOWN THE BASKETBALL SEASON

Written by Alayna Edmondson



The boys' basketball season ended on Friday, February 28th, in the district-final game against Pine River. Their post-season tournament play started with a win against Hesperia with a score of 50-37. Kaden Kott (12) led the team with 20 points, 3 assists, and 4 steals. Landin Sowa (11) contributed 6 rebounds and 4 steals as well. After that win, they advanced to play Mason County Central, where they came out winning again with a score of 50-35. Kott led once again with 16 points, 4 assists, and 4 steals. Dayvion Neal-Berry (10) chipped in with 7 rebounds.





Lastly, they were placed in the district finals for the first time since 2007! They played Pine River and fell short with the score of 46-51. Braylen Zimmerman (11) led with 14 points and 2 steals. Kott had 5 assists, while Sowa secured 8 rebounds. We are so proud of the boys for all their hard work this season.

SPORTS CONTINUED

BASKETBALL CONTINUED

Written by Alayna Edmondson

The girls' district was hosted at Mason County Central. Their first tournament play was against White Cloud. They won with a score of 40-34. Alayna Edmondson (11) and Avamae Fett (11) both added 7 points for their team. Edmondson also added 3 steals, Hattie Driver (9) contributed 7 rebounds, and Kate Somsel (12) had 5 assists.





After their first win, they advanced to face off with Hart. They fell short to Hart, 66-42, which ultimately ended their season. Fett led with 17 points. Edmondson led assists with 5, steals with 3, and also contributed 5 rebounds, along with **Lindsey Gardner (11)** and Driver chipping in 5 rebounds a piece. Congratulations to our boys and girls basketball teams for their hard work this season!

SPORTS CONTINUED

JUMPING INTO SPRING SPORTS!

Written by Hailey Johnson



With spring sports just around the corner here is some information on them starting:

Baseball- Baseball has been getting ready for their season conditioning since February every Sunday. Their first practice is on Monday the 10th at 7:30 pm in the mezzanine. Practices will continue throughout the week. For more information you can contact **Dave Edmondson**.

Golf (boys) - If you are interested in joining boys golf their first meeting will be held Tuesday the 11th with indoor practices to follow. Once the weather allows, they will start practicing at Manistee National for their first match on April 16th. If you have any questions you can contact **Mr. Bennett.**

Soccer (girls) - Girls soccer has been conditioning since January getting ready for the season. Soccer's first practice is Monday the 10th at 4:30 pm in the gym. Practices will continue throughout the week. For more information you can contact **Kathy Smith or Wendy Adamski**.

SPORTS CONTINUED SPRING SPORTS CONT...

Softball - Softball's first practice is Monday the 10th at 6 pm in the mezzanine. Practices will continue throughout the week. For more information you can contact head coach Ms. Bohle.

Tennis (girls) - Tennis's first practice is Monday the 10th at 3 pm in the gym. Practices will continue throughout the week. For more information you can contact head coach Maygan Vasquez or assistant coach Mrs. Warnke

Track and field - Track and field practice starts Monday the 10th at 3pm in the upstairs gym track. Practices will continue throughout the week. For more information you can contact Anthony Torres or Ashley Lindeman.



SPORTS CONTINUTED

NOTTINGHAM IS A msel STATE CHAMP!

Written by Kate Somsel

This past Saturday, the Manistee Powerlifting team traveled to Orion, Michigan, to participate in the JV and Varsity Powerlifting State Meet. This season has involved lots of improvements for all individual athletes.

To begin with the JV state championship, Nolan Freeman (9) took 1st in the 123 weight class. Additionally, Ean Guenhardt (10) took 2nd in the 220 weight class, and Travis Newenhouse (10) took 10th in the 220 weight class. Xavier Goodspeed (9) also qualified for state in his first season of powerlifting. The JV team finished 9th out of 65 schools!



For the Varsity meet, **Steven Driver (11)** placed 9th in the state in the 220 weight class, **River Blair (11)** placed 6th in the state in her class, and **Max Nottingham (12)** won the 114 weight class therefore earning the title, "State Champion." **Christian Rose (11)** also qualified for state in his first season of powerlifting. The boys varsity team finished 13th out of 75 schools!



Nottingham stated "I was happy to watch my progress from going from fourth to first this year. This was my last year and Coach Kaminski's first year as head coach, so it was meaningful!" Overall, congratulations to all athletes for their solid performance!

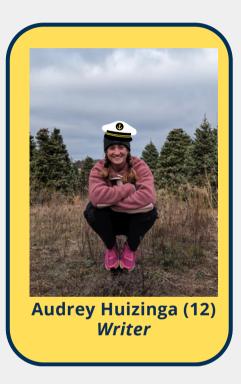


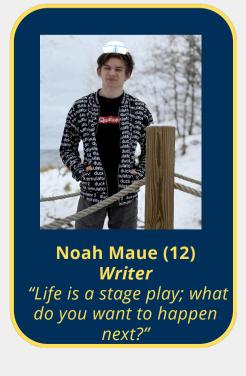
STAFF





















GUEST WRITER

IF YOU ARE INTERESTED IN WRITING IN THE MARINER CHRONICLE, EMAIL KATE SOMSEL OR MR. Q!

