

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

November 3rd - 7th

MAIN ENTREE

Yogurt cup/ Granola or
Crackers

Breakfast Sandwich -
English Muffin, Egg, Sausage
& Cheese

Breakfast Bread Slice

Bagel w/ Cream Cheese

Stuffed Waffle

GRAB N GO

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

USDA is an equal opportunity provider and employer

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 10th - 14th				
MAIN ENTREE				
Breakfast Burrito	Strawberry Bagelstick	Uncrustable - Grape or Strawberry	Pancake Sausage Sandwich	Maple or Cinnamon Waffle
				Syrup Available
GRAB N GO				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
USDA is an equal opportunity provider and employer All Allergies alongside a Special Diet Statement will be accommodated				

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 17th - 21st				
MAIN ENTREE				
Breakfast Bagel - Egg & Cheese	Cini Mini	Breakfast Bread Slice	Bagel w/ Cream Cheese	Blueberry Pancakes
				* Syrup Available *
GRAB N GO				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 24th - 28th				
MAIN ENTREE				
Yogurt cup/ Granola or Crackers	Breakfast Sandwich - English Muffin, Egg, Sausage & Cheese	Uncrustable - Grape or Strawberry	NO SCHOOL HAPPY THANKSGIVING 🦃	NO SCHOOL HAVE A GREAT WEEKEND
GRAB N GO				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal		
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars		
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts		
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
Variety of Milk	Variety of Milk	Variety of Milk		
		Variety of Milk		
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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