

## BREAKFAST MENU - MIDDLE-HIGH SCHOOL

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**January 5th - 9th**

### MAIN ENTREE

Yogurt cup/ Granola or  
Crackers

Stuffed Breakfast Sandwich

Breakfast Bread Slice

Bagel w/ Cream Cheese

Stuffed Waffle

### GRAB N GO

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

USDA is an equal opportunity provider and employer

## BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>January 12th - 16th</b>				
<b>MAIN ENTREE</b>				
Breakfast Burrito	Strawberry Bagelstick	Uncrustable - Grape or Strawberry	Pancake Sausage Sandwich	Maple Waffles
				Syrup
<b>GRAB N GO</b>				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
USDA is an equal opportunity provider and employer   All Allergies alongside a Special Diet Statement will be accommodated				

# BREAKFAST MENU - MIDDLE-HIGH SCHOOL

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**January 19th - 23rd**

## MAIN ENTREE

NO SCHOOL

Cini Mini

Breakfast Bread Slice

Bagel w/ Cream Cheese

Blueberry Pancakes

HAVE A GREAT DAY 🍎

Syrup

## GRAB N GO

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

Assorted Reduced Sugar  
Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

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## BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>January 26th - 30th</b>				
<b>MAIN ENTREE</b>				
Yogurt cup/ Granola or Crackers	Stuffed Brekast Sandwich	Uncrustable - Grape or Strawberry	Pancake Sausage Sandwich	Stuffed Waffle
<b>GRAB N GO</b>				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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