

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 2nd - 6th

MAIN ENTREE

Yogurt cup/ Granola or
Crackers

Stuffed Breakfast Sandwich

Breakfast Bread Slice

Bagel w/ Cream Cheese

Stuffed Waffle

GRAB N GO

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

USDA is an equal opportunity provider and employer

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-------------------------------|-----------------------------------|-------------------------------|-------------------------------|
| February 9th - 13th | | | | |
| | | | | |
| MAIN ENTREE | | | | |
| Breakfast Burrito | Strawberry Bagelstick | Uncrustable - Grape or Strawberry | Pancake Sausage Sandwich | Valentine's Day Frosted Donut |
| | | | | |
| GRAB N GO | | | | |
| Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal |
| WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars |
| Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts |
| | | | | |
| 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice |
| Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit |
| Variety of Milk | Variety of Milk | Variety of Milk | Variety of Milk | Variety of Milk |
| | | | | |
| Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable. | | | | |
| USDA is an equal opportunity provider and employer All Allergies alongside a Special Diet Statement will be accommodated | | | | |
| | | | | |

BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 16th - 20th

MAIN ENTREE

Breakfast Pizza Bagel

Cini Mini

Breakfast Bread Slice

Bagel w/ Cream Cheese

Blueberry Pancakes

Syrup

GRAB N GO

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

Assorted Reduced Sugar
Cereal

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

WG Breakfast Bars

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

Assorted WG Poptarts

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

100% Assorted Fruit Juice

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Assorted Fresh Fruit

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

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BREAKFAST MENU - MIDDLE-HIGH SCHOOL

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-------------------------------|-----------------------------------|-------------------------------|-------------------------------|
| February 23rd - 27th | | | | |
| | | | | |
| MAIN ENTREE | | | | |
| | | | | |
| Yogurt cup/ Granola or Crackers | Stuffed Breakfast Sandwich | Uncrustable - Grape or Strawberry | Pancake Sausage Sandwich | Stuffed Waffle |
| GRAB N GO | | | | |
| Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal | Assorted Reduced Sugar Cereal |
| WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars | WG Breakfast Bars |
| Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts | Assorted WG Poptarts |
| | | | | |
| 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice | 100% Assorted Fruit Juice |
| Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit | Assorted Fresh Fruit |
| Variety of Milk | Variety of Milk | Variety of Milk | Variety of Milk | Variety of Milk |
| | | | | |
| Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable. | | | | |
| USDA is an equal opportunity provider and employer | | | | |
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