

# BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 2nd - 6th

## MAIN ENTREE

Yogurt cup/ Granola or  
Crackers

Stuffed Breakfast Sandwich

Breakfast Bread Slice

Bagel w/ Cream Cheese

Stuffed Waffle

## GRAB N GO

Assorted Reduced Sugar  
Cereal

WG Breakfast Bars

Assorted WG Poptarts

100% Assorted Fruit Juice

Assorted Fresh Fruit

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

USDA is an equal opportunity provider and employer

# BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>February 9th - 13th</b>				
<b>MAIN ENTREE</b>				
Breakfast Burrito	Strawberry Bagelstick	Uncrustable - Grape or Strawberry	Pancake Sausage Sandwich	Valentine's Day Frosted Donut
<b>GRAB N GO</b>				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
USDA is an equal opportunity provider and employer   All Allergies alongside a Special Diet Statement will be accommodated				

# BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 16th - 20th

## MAIN ENTREE

Breakfast Pizza Bagel

Cini Mini

Breakfast Bread Slice

Bagel w/ Cream Cheese

Blueberry Pancakes

Syrup

## GRAB N GO

Assorted Reduced Sugar Cereal

WG Breakfast Bars

Assorted WG Poptarts

100% Assorted Fruit Juice

Assorted Fresh Fruit

Variety of Milk

Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.

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# BREAKFAST MENU - MIDDLE-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>February 23rd - 27th</b>				
<b>MAIN ENTREE</b>				
Yogurt cup/ Granola or Crackers	Stuffed Breakfast Sandwich	Uncrustable - Grape or Strawberry	Pancake Sausage Sandwich	Stuffed Waffle
<b>GRAB N GO</b>				
Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal	Assorted Reduced Sugar Cereal
WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars	WG Breakfast Bars
Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts	Assorted WG Poptarts
100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice	100% Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
Students must take at least 3 items - one must be a minimum of 1/2 cup fruit or vegetable.				
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