

# JULY | 2026

## RNC GRAB N GO Lunch



| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|---|---|--|---|---|---|--|
| 28  | 29  | 30   | 1<br>Personal Cheese Pizza<br>Baby Carrots<br>Apple<br>1% Milk  | 2<br>Ham and Cheese Croissant<br>Broccoli Florets<br>Orange<br>1% Milk            | 3<br>Cheese Omelet<br>Blueberry Muffin<br>Summer Squash<br>Pear<br>1% Milk          | 4<br>Mac N Cheese<br>Dinner Roll<br>Peas<br>Craisins (2)<br>1% Milk              |
| 5<br>Pepperoni Pizza Hot Pocket<br>Zucchini<br>Fruit Cup<br>1% Milk       | 6<br>Un crustable - Grape<br>Asapargus Tips<br>Applesauce Cup<br>1% Milk                    | 7<br>Taco Stick<br>Salsa Cup<br>100% Juice Slushie<br>1% Milk                            | 8<br>Supreme Pizza<br>Baby Carrots<br>Apple<br>1% Milk          | 9<br>Cheeseburger Sliders<br>Broccoli Florets<br>Orange<br>1% Milk                | 10<br>Yogurt Cup & Blueberry<br>Bread<br>Summer Squash<br>Banana<br>1% Milk         | 11<br>Soft Pretzel w/ Cheese Cup<br>Cucumbers<br>Craisins (2)<br>1% Milk         |
| 12<br>Taco Pizza Hot Pocket<br>Zucchini<br>Fruit Cup<br>1% Milk           | 13<br>Lunchable Kit - Turkey &<br>Cheese<br>Fiesta Corn<br>Applesauce Cup<br>1% Milk        | 14<br>Beef, Bean, and Cheese<br>Burrito<br>Salsa Cup<br>100% Juice Slushie<br>1% Milk    | 15<br>Pepperoni Calzone<br>Baby Carrots<br>Apple<br>1% Milk     | 16<br>Grilled Cheese<br>Tomato Soup<br>Orange<br>1% Milk                          | 17<br>Maple Chicken Pancake<br>Wrap<br>Summer Squash<br>Pear<br>1% Milk             | 18<br>Chicken Sandwich on a<br>Biscuit<br>Peas<br>Craisins (2)<br>1% Milk        |
| 19<br>Pepperoni Cheesy<br>Breadsticks<br>Zucchini<br>Fruit Cup<br>1% Milk | 20<br>Un crustable - Strawberry<br>Brussel Sprouts<br>Applesauce Cup<br>1% Milk             | 21<br>Corn Tortilla Scoops &<br>Cheese Cup<br>Salsa Cup<br>100% Juice Slushie<br>1% Milk | 22<br>Cheesy Pull Apart<br>Baby Carrots<br>Apple<br>1% Milk     | 23<br>Cheddarwurst wrapped in a<br>bagel<br>Broccoli Florets<br>Orange<br>1% Milk | 24<br>Bagel w/ Cream Cheese &<br>Cheese Stick<br>Summer Squash<br>Banana<br>1% Milk | 25<br>Chicken Tenders and<br>Dinner Roll<br>Cucumbers<br>Craisins (2)<br>1% Milk |
| 26<br>Pepperoni & Cheese<br>Croissant<br>Zucchini<br>Fruit Cup<br>1% Milk | 27<br>Lunchable Kit - Ham &<br>Cheese<br>Mapple Sweet Potatoes<br>Applesauce Cup<br>1% Milk | 28<br>3 Cheese Quesadillas<br>Salsa Cup<br>100% Juice Slushie<br>1% Milk                 | 29<br>Personal Cheese Pizza<br>Baby Carrots<br>Apple<br>1% Milk | 30<br>Ham and Cheese Croissant<br>Broccoli Florets<br>Orange<br>1% Milk           | 31<br>Cheese Omelet<br>Blueberry Muffin<br>Summer Squash<br>Pear<br>1% Milk         | 1  |