

MENU

MECC LUNCH

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SEPTEMBER
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Menus are subject to
change without notice

WELCOME BACK 🎉 31 Chicken Tenders w/ Dinner Roll Baked Beans & Fresh Broccoli Diced Pears & Peaches Variety of Milk	Walking Taco - Meat, Cheese & Chips 1 Corn & Black Beans Pineapple Tidbits Variety of Milk	French Toast Stick w/ Sausage Patty 2 Hashbrown Patty & Baby Carrots Cinnamon Apples Variety of Milk	Chicken Patty on a Bun 3 Peas & Cucumbers Mixed Grapes Variety of Milk	NO SCHOOL ENJOY THE WEEKEND! 🌸 4
NO SCHOOL LABOR DAY! 🇺🇸 7	(2) Chicken Tacos - Chicken & Cheese on Tortillas 8 Black Beans & Salsa Applesauce Variety of Milk	Chicken Nuggets & Biscuit 9 Cucumbers & Baby Carrots Frozen Strawberry Cup Variety of Milk	The Bowl - Popcorn Chicken, Mashed Potatoes, Corn, Gravy, and Shredded Cheese w/ Dinner Roll 10 Jello Cup Variety of Milk	Bosco Sticks with/ Pizza Sauce 11 Salad Mix & Celery Sticks Pears and Plums Mini Rice Krispie Variety of Milk
Chicken Flatbread - Diced Chicken & Cheese 14 French Fries & Fresh Broccoli Fruit Cocktail Variety of Milk	Beef Nachos - Taco Beef & Cheese Sauce on Tortilla Chips, 15 Black Beans & Salsa Fresh Watermelon Variety of Milk	Ham and Cheese Croissant 16 Tater Tots & Baby Carrots Fresh Strawberries/Blueberries Variety of Milk	Cheeseburger on a Bun 17 Green Beans & Cauliflower Mixed Fruit Cup & Plums Variety of Milk	Detroit Style Pizza 18 Salad Mix & Celery Sticks Frozen Peach Cup Chocolate Scooby Crackers Variety of Milk
NO SCHOOL ENJOY THE DAY OFF 🌸 21	Walking Taco - Meat, Cheese & Chips 22 Corn & Black Beans Pineapple Tidbits Variety of Milk	French Toast Stick w/ Sausage Patty 23 Hashbrown Patty & Baby Carrots Cinnamon Apples Variety of Milk	Chicken Patty on a Bun 24 Peas & Cucumbers Mixed Grapes Variety of Milk	Cheesy Pull-Apart 25 Salad Mix & Celery Sticks Kiwi & Plums Cookie Variety of Milk
Lasagna Rollup w/ Mini Texas Toast 28 Green Beans & Fresh Broccoli Clementines/Nectarines Variety of Milk	(2) Chicken Tacos - Chicken & Cheese on Tortillas 29 Black Beans & Salsa Applesauce Variety of Milk	Chicken Nuggets & Biscuit 30 Cucumbers & Baby Carrots Frozen Strawberry Cup Variety of Milk	1	2

Household Income Information forms can be completed at
<https://manisteeps.familyportal.cloud/>

Extra Milk: \$0.50
Adult Meals: \$6.05

AVAILABLE ENTREES EVERY DAY

Uncrustable
Lunchable Kit

** MECC is an Egg Free Enviroment **

AVAILABLE FRUIT EVERY DAY

Assorted Whole Fruit (Apples, Oranges, Bananas) and Craisins/Raisins

Students must take a minimum of 1/2 cup of fruit or vegetables.

USDA is an equal
opportunity
provider and
employer

