



MENU

MES LUNCH

SEPTEMBER

Menus are subject to change without notice

WELCOME BACK 🎉 Chicken Tenders w/ Dinner Roll & Seasoned Pasta Baked Beans & Fresh Broccoli Diced Pears & Peaches Variety of Milk	1 Walking Taco - Taco Beef, Cheese & Chips Black Beans & Corn Fresh Pineapple Variety of Milk	2 French Toast Stick w/ Sausage Patty Hashbrown Patty & Baby Carrots Cinnamon Apples Variety of Milk	3 Mac N Cheese w/ Mini Texas Toast Peas & Cucumbers Mixed Grapes Variety of Milk	4 NO SCHOOL ENJOY THE WEEKEND! 🌸
7 NO SCHOOL LABOR DAY! 🇺🇸	8 (2) Chicken Tacos - Chicken & Cheese on Tortillas Black Beans & Salsa Applesauce Variety of Milk	9 Chicken Nuggets & Biscuit Cucumbers & Baby Carrots Frozen Strawberry Cup Variety of Milk	10 <u>The Bowl</u> - Popcorn Chicken, Mashed Potatoes, Corn, Gravy, and Shredded Cheese w/ Dinner Roll Jello Cup Variety of Milk	11 Bosco Sticks with/ Pizza Sauce Salad Mix & Celery Sticks Pears and Plums Mini Rice Krispie Variety of Milk
14 Chicken Flatbread - Diced Chicken & Cheese French Fries & Fresh Broccoli Fruit Cocktail Variety of Milk	15 Beef Nachos - Taco Beef & Cheese Sauce on Tortilla Chips Black Beans & Salsa Fresh Watermelon Variety of Milk	16 Honey Crunch Corndog on a Stick Tater Tots & Baby Carrots Fresh Strawberries/Blueberries Variety of Milk	17 Spaghetti w/Meat Sauce and Mini Texas Toast Green Beans & Cauliflower Mixed Fruit Cup & Plums Variety of Milk	18 Detroit Style Pizza Salad Mix & Celery Sticks Frozen Peach Cup Chocolate Scooby Crackers Variety of Milk
21 NO SCHOOL ENJOY THE DAY OFF 🌸	22 Walking Taco - Meat, Cheese & Chips Black Beans & Corn Fresh Pineapple Variety of Milk Chicken Patty on a Bun	23 French Toast Stick w/ Sausage Patty Hashbrown Patty & Baby Carrots Cinnamon Apples Variety of Milk	24 Mac N Cheese w/ Mini Texas Toast Peas & Fresh Broccoli Mixed Grapes Variety of Milk	25 Cheesy Pull-Apart Salad Mix & Celery Sticks Kiwi & Plums Cookie Variety of Milk
28 Lasagna Rollup w/ Mini Texas Toast Green Beans & Fresh Broccoli Clementines/Nectarines Variety of Milk	29 (2) Chicken Tacos - Chicken & Cheese on Tortillas Black Beans & Salsa Applesauce Variety of Milk	30 Chicken Nuggets & Biscuit Cucumbers & Baby Carrots Strawberry Cup Variety of Milk	1	2

Household Income Information forms can be completed at

<https://manisteeps.familyportal.cloud/>

**Extra Milk: \$0.50
Adult Meals: \$6.05**

AVAILABLE ENTREES EVERY DAY
(Rotating weeks 1-3)

Week 1: Chicken Patty on a Bun & Yogurt Plate
Week 2: Hotdog on a Bun & Nacho Plate
Week 3: Cheeseburger on a Bun & Deli Sandwich

AVAILABLE FRUIT EVERY DAY

Assorted Whole Fruit (Apples, Oranges, Bananas) and Craisins/Raisins

Students must take a minimum of 1/2 cup of fruit or vegetables.

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