



MENU

MECC Afterschool Snack

OCTOBER

			WG Baked Tortilla Chips Cheese Cup	Cheese Crackers Apple
Corn Muffin Fruit Cup	Turkey Stick WG Crackers	4 oz Yogurt Cup Graham Cracker	Cheez it's Carrots w/ Ranch	Peanut Butter Crackers Banana
Pretzels Craisins (2)	Orange Slices Cheese Stick	Low-fat Go-Gurt Apple Slices	WG Baked Tortilla Chips Cheese Cup	Cheese Crackers Apple
Corn Muffin Fruit Cup	Turkey Stick WG Crackers	4 oz Yogurt Cup Graham Cracker	Cheez it's Carrots w/ Ranch	Peanut Butter Crackers Banana
Pretzels Craisins (2)	Orange Slices Cheese Stick	Low-fat Go-Gurt Apple Slices	WG Baked Tortilla Chips Cheese Cup	Cheese Crackers Apple

Students **MUST** take both components of the snack to be reimbursable

Student **MUST** have 3/4 cup of Fruits or Vegetables

USDA is an equal opportunity provider and employer

Families will be notified of any changes made to the menu.

Adult Snack:
\$1.40

