



MENU

MECC Afterschool Snack

NOVEMBER

02 Chex Mix - Cheddar Fruit Cup	03 Turkey Stick WG Crackers	04 4 oz Yogurt Cup Graham Cracker	05 Cheez it's Carrots w/ Ranch	06 Peanut Butter Crackers Banana
09 Pretzels Craisins (2)	10 Orange Slices Cheese Stick	11 Low-fat Go-Gurt Apple Slices	12 WG Baked Tortilla Chips Cheese Cup	13 Cheese Crackers Apple
16 Chex Mix - Cheddar Fruit Cup	17 Turkey Stick WG Crackers	18 4 oz Yogurt Cup Graham Cracker	19 Cheez it's Carrots w/ Ranch	20 Peanut Butter Crackers Banana
23 Pretzels Craisins (2)	24 Orange Slices Cheese Stick	25 Low-fat Go-Gurt Apple Slices	26 NO SCHOOL HAPPY THANKSGIVING 🦃	27 NO SCHOOL HAVE A GREAT DAY 🌸
30 Chex Mix - Cheddar Fruit Cup				

Students **MUST** take both components of the snack to be reimbursable

Student **MUST** have 3/4 cup of Fruits or Vegetables

USDA is an equal opportunity provider and employer

Families will be notified of any changes made to the menu.

Adult Snack:
\$1.40

