



MENU

MECC BREAKFAST

NOVEMBER

Menus are subject to change without notice

Cereal Cup02	Strawberry Cream Cheese Stuffed Bagel03	Zee Zee Bar - Cinnamon04	Uncrustable - Strawberry OR Grape05	Crescent Roll w/ Grape Jelly06
4 oz Yogurt w/ Granola or Crackers09	Cinnamon Cream Cheese Stuffed Bagel10	Zee Zee Bar - Cocoa Cherry11	Belvita Bites and Cheese Stick12	Apple Cinnamon Texas Toast ** Syrup Available **13
Cereal Cup16	Strawberry Cream Cheese Stuffed Bagel17	Zee Zee Bar - Cinnamon18	Uncrustable - Strawberry OR Grape19	Crescent Roll w/ Grape Jelly20
4 oz Yogurt w/ Granola or Crackers23	Cinnamon Cream Cheese Stuffed Bagel24	25	NO SCHOOL HAPPY THANKSGIVING 🦃	NO SCHOOL HAVE A GREAT DAY 🌸
Cereal Cup30				

Students must take at least 3 items - one must be a minimum of 1/2 cup of fruit or vegetable.

Extra Milk: \$0.50
Adult Meals: \$3.30

AVAILABLE FRUIT EVERY DAY

Assorted Juice - Apple, Orange, Grape & Fruit Punch

Assorted Whole Fruit (Apples, Oranges, Bananas, Pears, and Plums), Fruit Cups, and Craisins/Raisins

Variety of Milk: 1% White & Skim

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