



MENU

MES LUNCH

NOVEMBER

Menus are subject to change without notice

02 Chicken Tenders w/ Dinner Roll & Seasoned Pasta Baked Beans & Fresh Broccoli Diced Pears & Peaches Variety of Milk	03 Walking Taco - Meat, Cheese & Chips Black Beans & Corn Fresh Pineapple Variety of Milk Chicken Patty on a Bun	04 French Toast Stick w/ Sausage Patty Hashbrown Patty & Baby Carrots Cinnamon Apples Variety of Milk	05 Mac N Cheese w/ Mini Texas Toast Peas & Cucumbers Mixed Grapes Variety of Milk	06 Cheesy Pull-Apart Salad Mix & Celery Sticks Kiwi & Plums Cookie Variety of Milk
09 Lasagna Rollup w/ Mini Texas Toast Green Beans & Fresh Broccoli Clementines/Nectarines Variety of Milk	10 (2) Chicken Tacos - Chicken & Cheese on Tortillas Black Beans & Salsa Applesauce Variety of Milk	11 Chicken Nuggets & Biscuits Cucumbers & Baby Carrots Strawberry Cup Variety of Milk	12 <u>The Bowl</u> - Popcorn Chicken, Mashed Potatoes, Corn, Gravy, and Shredded Cheese w/ Dinner Roll Jello Cup Variety of Milk	13 Bosco Sticks with/ Pizza Sauce Salad Mix & Celery Sticks Pears and Plums Mini Rice Krispie Variety of Milk
16 Chicken Flatbread - Diced Chicken & Cheese Fritos Fresh Broccoli & Cucumbers Fruit Cocktail Variety of Milk	17 Beef Nachos - Taco Beef & Cheese Sauce on Tortilla Chips Black Beans & Salsa Fresh Watermelon Variety of Milk	18 Honey Crunch Corndog on a Stick Tater Tots & Baby Carrots Fresh Strawberries/Blueberries Variety of Milk	19 Spaghetti w/ Meat Sauce and Mini Texas Toast Green Beans & Cauliflower Mixed Fruit Cup & Plums Variety of Milk	20 Detroit Style Pizza Salad Mix & Celery Sticks Frozen Peach Cup Chocolate Scooby Crackers Variety of Milk
23 Chicken Tenders w/ Dinner Roll & Seasoned Pasta Baked Beans & Fresh Broccoli Diced Pears & Peaches Variety of Milk	24 Thanksgiving Meal 🦃 Turkey Slice w/ Gravy Mashed Potatoes & Green Beans Cranberry Sauce & Cinnamon Apples Dinner Roll Variety of Milk	25 HALF DAY Pizza - Pepperoni or Cheese Apple Slices (2) Baby Carrots (2) Variety of Milk NO ALTERNATES	26 NO SCHOOL HAPPY THANKSGIVING 🦃	27 NO SCHOOL HAVE A GREAT DAY 🌸
30 Lasagna Rollup w/ Mini Texas Toast Green Beans & Fresh Broccoli Clementines/Nectarines Variety of Milk				

AVAILABLE ENTREES EVERY DAY

November 2-6 & November 23-24:
 Chicken Patty on a Bun & Yogurt Plate
November 9-13 & November 30:
 Hotdog on a Bun & Nacho Plate
November 16- 20:
 Cheeseburger on a Bun & Deli Sandwich

AVAILABLE FRUIT EVERY DAY

Assorted Whole Fruit (Apples, Oranges, Bananas) and Craisins/Raisins

Students must take a minimum of 1/2 cup of fruit or vegetables.

USDA is an equal opportunity provider and employer



Household Income
Information forms can be completed at
<https://manisteeps.familyportal.cloud/>

Extra Milk: \$0.50
Adult Meals: \$6.05