MARINERS
LEAD THE WAY!

MENU

MECC BREAKFAST

DECEMBER

Menus are subject to change without notice

	01 4 oz Yogurt w/ Granola or Crackers	02 Zee Zee Bar - Cinnamon	03 Belvita Bites and Cheese Stick	04 Caramel Cinnamon Roll
07 Cereal Cup	08 4 oz Yogurt w/ Granola or Crackers	09 Zee Zee Bar - Cocoa Cherry	10 Blueberry Belvita Crackers	11 Apple Cinnamon Texas Toast ** Syrup Available **
14 Cereal Cup	15 4 oz Yogurt w/ Granola or Crackers	16 Zee Zee Bar - Cinnamon	17 Belvita Bites and Cheese Stick	18 Caramel Cinnamon Roll
21 Winter Break NO SCHOOL	22 Winter Break NO SCHOOL	23 Winter Break NO SCHOOL	24 Christmas Eve NO SCHOOL	25 Merry Christmas NO SCHOOL
28 Winter Break NO SCHOOL	29 Winter Break NO SCHOOL	30 Winter Break NO SCHOOL	31 New Years Eve NO SCHOOL	

Students must take at least 3 items - one must be a minimum of 1/2 cup of fruit or vegetable.

Extra Milk: $0.50
Adult Meals: $3.30

AVAILABLE FRUIT EVERY DAY

Assorted Juice - Apple, Orange, Grape & Fruit Punch

Assorted Whole Fruit (Apples, Oranges, Bananas, Pears, and Plums), Fruit Cups, and Craisins/Raisins

Variety of Milk: 1% White & Skim

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