MARINER CHRONICLE

MANISTEE HIGH SCHOOL NEWS

Edition #3, 2026

National Honor Society Welcomes New Members

On Tuesday October 13, MHS's National Honor Society Chapter welcomed many new members in the Sophomore, Junior, and Senior classes! Family and friends joined current and new NHS members at the induction ceremony. The NHS members walked into the auditorium to the Star Wars theme and all took their seats as Mr. Harrigan said the ceremony's opening words. Each NHS officer made a short speech on each pillar of NHS; scholarship, leadership, service, and character, and then each inductee walked across the stage to claim their certificate and shake hands with NHS President **Leia Gilliland (12)**. After the ceremony the NHS members exited the auditorium and were met by friends and family members to enjoy refreshments in the commons.

The new inductees are very excited to be a part of NHS, **Melanie Salmon (11)** said "I'm super excited and I'm really looking forward to being a part of NHS. There are so many opportunities to help our community and school, NHS helps you do that even more. When I first heard about it I was working towards getting accepted. I've always loved helping people, and NHS is a great way to do so."

Another new inductee, **Cheyenne Martin (12)**, said "I'm really excited about joining NHS! I'm looking forward to being more involved in my school and community, helping others, and getting to be a part of something that makes a difference."

One of the first NHS activities that the new Inductees will get to participate in was the Haunted Forest at Orchard Beach State. NHS members and members of the MHS Theatre Department were be on the Orchard Beach Trail where they dressed up in spooky costumes to scare people who come down the trail.

Congratulations to all new members! Welcome to NHS!

Written by Kayleigh Moore

Loads of Freshness

Written by Abby Kolk

NHS has announced a useful resource available to all students of MMHS! The washer and dryer, located in the gym, is available for students who need their clothes washed and dried, yes even those stinky sports uniforms... I interviewed NHS member **Yael Deboni (11)** for some answers to common questions.

Do students need permission prior to use?
Students do not need permission to use the washer and dryer; they just bring their clothes, put them in the room in the office diagonal from Ms Beldo's desk, let Ms Beldo and Kendra Mikolajcak know, and they will be taken care of.

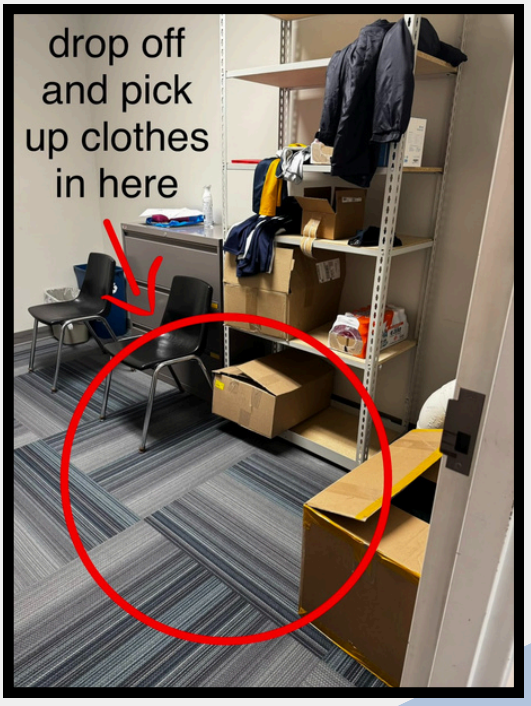
This service is for anyone and everyone who needs their clothes washed, no matter what.

Do students need to bring laundry detergent or any other materials?
Students do not need to bring anything other than their clothes.

Will you tell anyone?
I WILL NOT break confidentiality and tell anyone whose clothes are being washed!

How will I know when my clothes are done?
Students who are getting their clothes washed will get an email from me when they are clean.

Who should students contact if they have their own questions?
You can email **Yael (11)** at 28debyae@manistee.org





MHS Period Project

Written by Teagan Willard

Members of The National Honors Society have organized a committee called the Period Project. Students **Adelyn Brown (11)** and **Yael Deboni (11)** are in charge of the project. When asked what the Period Project is and how it works, Brown provided us with some insight stating, “We are a student-run committee within the National Honor Society dedicated to providing students with anything they need to manage their periods. We buy and distribute pads, tampons, and panty liners to the three girls bathrooms and the girls locker room in our school. We have recently added period packs in the pantry for students who need more support and supplies to take home. This Spring we are even going to host a 5K to raise money for period poverty!” There are QR codes provided in the bathroom stall where students can scan and fill out the google form if any items begin to run out. Feel free to email 28broade@manistee.org or 28debyae@manistee.org for any further inquiries regarding the project.



SPORTS CORNER

Written by Lilith Vela

More Than a Game

Seniors Final Play

Favorite pre game song?
"The Whole Playlist" - Travis Newenhouse
"First Day Out!" - Ray Maycock
"Legendary" - Wyatt Protasiewicz
"Bent" - Carter Konwinski
"North pole" - Finnagan Nicholson
"Peso by Glokk40Spaz" - Dayvion Neal-berry

Favorite memory?
"Hitting people" - Travis Newenhouse
"Team Buzzcut" - Ray Maycock
"Dayvion hitting coach in the head with a football twice" - Wyatt Protasiewicz
"Watching Chauncey getting tackled" - Carter Konwinski
"Getting tackled" - Chauncy Manke
"playing center in homecoming game" - Finnagan Nicholson
"The water break conversation at practice " - Dayvion Neal-berry

What has being part of this team taught you that you'll carry with you after graduation?
"Don't quit" - Travis Newenhouse
"To take in every moment and time with your team and don't take it for granted" - Ray Maycock
"Hard work pays off" - Wyatt Protasiewicz
"LEADERSHIP" - Carter Konwinski
"learning how to face adversity" - Finnagan Nicholson
"When faced with challenges, don't quit, bc you'll regret it later." - Dayvion Neal-Berry

Advice for younger players?
"Stay consistent in the weight room." - Travis Newenhouse
"Just work hard, listen to your coaches, and be a good teammate. Don't give up when things get hard, and enjoy playing football because it goes by fast." - Ray Maycock
"Strive for greatness" - Wyatt Protasiewicz
"Never give up" - Carter Konwinski
"Weight room" - Finnagan Nicholson
"Take all the opportunities you are given, have fun, and enjoy it while it lasts because it will all be over before you know it. " - Dayvion Neal-berry



"D1 Bench Player"
Finnagan



"Coaaches Pet"
Ean



"Most Under Rated"
Chauncy



"Human Highlight Reel"
Dayvion



"Irriplacable"
Ray



"Weight Room Specialist"
Travis



"Comedian"
Braden



"Walking Penalty"
Carter

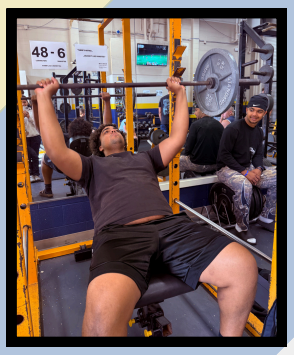


"Hypest"
Wyatt

SPORTS CORNER

Written by Lilith Vela

Extreme Fitness





This week in Ex Fitness, students are putting their hard work and strength to the test by maxing out on select lifts. From bench press to squat and deadlift, students are pushing themselves to reach new personal records and see how much progress they have made throughout their training. **Mason Miller (10)** kicked things off on the bench press, reaching an impressive 160 pounds and beating his previous personal record of 145 pounds by 15 pounds. **Xavier Goodspeed (11)** had a standout performance, benching 300 pounds and deadlifting 495 pounds, improving his previous deadlift record of 465 pounds by 30 pounds. **Brock Adamczak (11)** reached 195 pounds on the squat, while **Layne Piper (11)** deadlifted 305 pounds. Preash Cramer also tested his strength on the deadlift, lifting 205 pounds, and **Brennan Sturgeon (10)** benched 105 pounds. **Aiden Luomala (12)** made significant progress on the deadlift, reaching 385 pounds and surpassing his previous record of 365 pounds by 20 pounds. Also **Parker Jones (10)** benched 200 lbs! On the squat, **April Konen (12)** lifted 120 pounds, while **Emma Monroe (12)** reached 85 pounds on the bench press. **Wyatt Protasiewicz (12)** also put up an impressive number on the deadlift, lifting 430 pounds. Maxing out gives students an opportunity to measure their progress, celebrate their accomplishments, and recognize the effort they have put into improving their strength. Whether setting a new personal record or reaching a challenging goal, each lift represents the dedication and consistency required to succeed in the weight room. With more students continuing to test their limits throughout the week, Ex Fitness is showing that hard work pays off, one rep at a time.













SPORTS CORNER

Written by Abby Kolk

MHS Cheer

The MHS varsity cheer team looks little different compared to recent years, for starters, the team has a new coach, **Sarah Schafer**, Sarah has been coaching both sideline and competitive cheer at schools in Lansing before arriving to coach cheer in Manistee! Coach Sarah helps the team build new skills whether it be new stunts, tumbling, jumps, cheers, dances, etc. Coach Sarah's goal for the team this year is to pursue her passion of having and coaching a competitive cheer team here at MHS. So, even if you have a background in cheerleading or have never picked up a pair of pom poms in your life, don't be afraid to join the team whether it be sideline cheer, competitive, or both! It's never too late to start and join the team this winter for the competitive season or next fall for fall sideline cheer! The cheer team is also accompanied by having two head captains, **Teagan Willard (11)** and **Melanie Salmon (11)** along with the two co-captains, **Brooklyn Standifer (10)** and **Megan Eilers (11).** Differentiating from last year's team consisting of only 10 members being freshman and sophomores, to now having 16 members being a mix of sophomores, juniors, and one lone senior, **Maddy Wahr (12).** This is Maddy's first year of cheerleading, but you wouldn't be able to tell when you watch her perform on the sidelines at the football games, Maddy has such a positive and radiant personality that embodies what it means to be a Mariner cheerleader. Maddy is one of the team's main flyers and wears a smile on her face while cheering and being thrown up into the air for a stunt making her look like a natural! In addition to new faces, the cheer team welcomes their first boy cheerleader after not having one in recent years, **Micah Jensen (10)**. Micah can be seen with his megaphone chanting along with the other cheerleaders with his loud voice echoing into the crowd showcasing his spirit and his talent, you may also catch Micah performing some of his tricks like the splits or his one man stunt where he holds Maddy in the air by himself! Micah's strength and grit helps the crowd become more engaged during the game demonstrating what it means to have Mariner spirit. The MHS cheer team does their best to hype up the crowd, so don't be afraid to engage and cheer along with them!







SPORTS CORNER

Written by Abby Kolk

Spike Out Cancer

The gym was painted pink, but the reason behind the color goes far deeper than school spirit. Last Tuesday, Oct 6th the Mariner Varsity Volleyball Team brought home an incredibly triumphant win against Mason County Central at their returning Stomp Out Cancer Pink-Out game for Breast Cancer Awareness Month. The girls fought through 5 intensely close sets to secure a symbolic 3-2 win for those in attendance. **Paelynne Kolk (3)** led the team with 25 digs, 24 assists, and 5 aces followed by **Harlie Onstott(2)** and **Natalie Mannon(5)** with 4. **Maya Goodspeed(12)** contributed 17 impressive kills, followed by **Mackenna McLeod(4)** with 7, and **Abby Kolk(7)** with 5. Their determination ended not only with a win, but with people standing together to support others. The victory symbolized the ongoing fight, unity, strength, and hope for those impacted and continuing to be affected by Breast Cancer. Thank you to those who came to support the cause and to everyone who donated to help those struggling.







SPORTS CORNER

Written by Alexis McClellon

A Season Above Par

The Manistee Girl's Golf team has been working hard since mid-summer, but they finally wrapped up their season. They had regionals at A-Ga-Ming Golf Resort where all girls played well through the tough weather. During the cold rain, the team worked hard and placed 11th. Coach Murray said "We may have fell a little short, but we made some great memories together!". The team went into regionals competing for 3rd place finish, which was very exciting for having new golfers on the team. Through the long van rides, staying at the resort for regionals, and stopping for food after every match, the team had lots of fun and made the most of the season. With most of the team being seniors, and half the team being completely new to golf, they did extremely well the entire season staying positive and hopeful. **Bella (12)** had the highest place on the team, ending the season in 19th place while the rest of the team followed behind. **Shae Godzina (10)** said her favorite part was "getting to be friends with [the team]. She has never laughed so much" and hopes to still have a great team next year after the 4 seniors leave. **Dominique Glover's (10)** and **Leah McClellan's (12)** favorite memory was "when Coach took both our phones for singing neigh for me". Coach Murray's was "watching everyone hit a great shot and seeing their excitement for it!", and **Alexis McClellan's (12)** favorite memory was "getting applause after a great first hit of a match". When **Cheyenne Martin (12)** was asked she said "literally almost everything and our connection that we got out of being together". Before the season ends the girls hope to have one more scramble with MCC and can't wait to continue playing in the future.





The Curtains Have Closed on MHS's First Production

Written by Kayleigh Moore

Last weekend Manistee High School's Theatre Department performed two one-act plays. They had a show on Friday, Saturday, and Sunday, and in each show they performed both plays. The first one-act play that they performed was the Haunted House Disaster, then after a short intermission they performed The Red Carpet Heist. Both shows were short comedies that had the audience laughing in their seats.

A few cast members provided comments on the show:

Elizabeth Sutton (10), who played the Witch and Skipper, said "The plays were good, I played Skipper and the Witch. Playing the Witch was a challenging role because I had to memorize it in about a week, but it was a fun challenge. Skipper has been one of my favorite roles to play so far because she is a high energy talk show host and I think that incorporates me in real life."

Jaelynn Schafer (10), who played the Techie and Rusty, said ". . .these plays were very fun to put on. Some of my favorites we've had. . . I think we were able to pull off something wonderful. I think we were able to pull off something funny, enjoyable, and entertainable. Since we've only had four weeks to rehearse, and that's the shortest time we've ever had to rehearse. We were able to pull something off, even though we felt like we couldn't at one point, and that's something magical. . ."

On Sunday afternoon at the end of intermission the Seniors in theatre walked out on stage and gave Ms. Feyen a Senior gift, as well as giving her a gift from the Fine Arts Boosters. One of the Seniors, Stage Manager Kat Vasquez (12), said "I really thought both shows were funny and it was a great last fall play."

The next production the Theatre Department will put on is the middle school musical which is Disney's Aladdin Jr. on November 13th, 14th, and 15th. The next high school production will be the spring musical which is Something Rotten; auditions are on December 1st and 2nd!

Great job to everyone in the plays last weekend!





Senior Spotlight: April Konen

Written by Robyn Winters

What are your plans after high school?
"I'm unsure where I want to go, but I plan to go to college to major in political science and minor in Chinese."

What is something you are really passionate about?
"The book, "Fight Club." It's one of the best satirical novels I've read from the 20th century, I've reread it over 75 times."

What do you enjoy doing outside of school?
"I enjoy climbing trees, powerlifting and studying Chinese in my free time."

What is the biggest lesson high school has taught you?
"It's taught me to try as many activities as you can, because you won't have that opportunity forever."

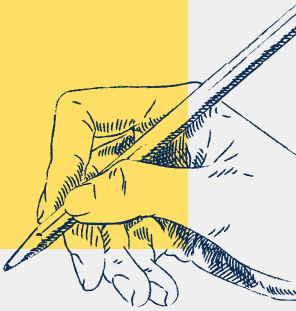
What song have you been listening to the most lately?
"Armed and Dangerous by King Von."

What advice would you give incoming freshmen?
"Follow me on TikTok!"





STAFF





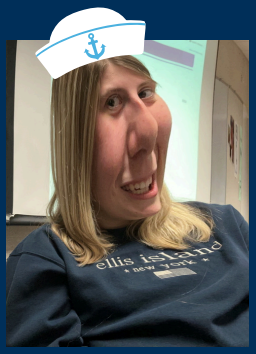
Lilith Vela (12)
Editor/*Writer*



Mr. Quakkelaar
Advisor
"You've got to be kind"



Abby Kolk (12)
Writer



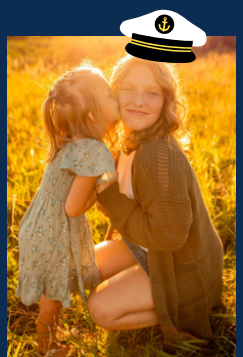
Kat Vasquez (12)
Writer



Kayleigh Moore (12)
Writer



Teagan Willard (11)
Writer



Robyn Winters (11)
Writer



Alexis McClellon (12)
Guest Writer